

TEACHING ATTACK TACTICS TO FOOTBALL PLAYERS

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Abstract. This article covers information on training players in attacking tactics and related technical-tactical training.

Keywords: attack, movement without the ball, receiving the ball, carrying the ball, movements with the ball, passing.

Attack tactics means organizing the actions of the team in possession of the ball to conquer the opponent's goal. The diversity of the structure of the attack, the change of the pace of the attack, the change of the direction of the main breakthrough, finally, the one-on-one fight, the variety of technical methods - all this puts the defenders in an extremely difficult situation trying to destroy the attack.

Attack actions are divided into individual actions, group actions and command actions.

Individual tactics

Individual tactics in attack are actions of a player with a specific goal in mind, his ability to choose the most appropriate of several opportunities available in this game situation, when the ball is in his team, the player's ability to avoid the attention of the opponent, to find space to play for himself and his partners, and to appear it means that he can do it, and if necessary, he will win the fight with the defender.

Moves without the ball

Actions without the ball consist of: opening, distracting the opponent and creating a surplus of players in some part of the field [1,2,3,4,5,6,7,8,9,10,11,12].

Opening is a change of position of the player in order to create favorable conditions to receive the ball from his partners. In order to open skillfully, the attacker must be able to judge very well how comfortable this or that situation is. Getting to the most favorable position in time may depend on the quickness of the attacker and the defender playing against him, the movement of partners and other factors. Success depends to a large extent on how quickly the attacker can get to the receiving position and how he moves after receiving the ball.

Attackers mainly maneuver around the field and move without the ball. Maneuvering is a repeated change of position by a player aimed at opening up and distracting the opponent. The result of all the actions, how the game ends, depends on how many players choose the right position, and how many of their partners "offer" themselves to the player, not neglecting the ball [13,14,15,16,17,18,19,20,21,22,23,24,25,26].

In all cases, the player must follow the following when choosing a position:

1. Opening rival for unexpectedly and cat at a speed of t a execution to be done need _ This from the defender moving away , the ball get for known level from time swallow enable gives _

2. Opening yet the ball untouched partners movement making it difficult not to put it is necessary

3. The ball occupied to the player excess approaching to go recommendation is not possible - this attack development slowing down puts

4. « From the game out very careful not to stay to be necessary The opponent distraction is individual action to partners for comfortable conditions by creating to give of the player in goal d movement. The guardian following leave in order to known to the zone fake move go, or the player who has the ball, or to the gate directly risk put for comfortable in position standing partner's easily movement to do providing to give is a good maneuver. The ball is on the 8th player, the 9th and 7th forwards are left towards moving and guards following they go, 2nd wing protector to attack easily the addition of for the zone open they laugh. This at the time of the field the gate conquest reach the most comfortable has been to the part the ball transmission very good for chance surface will come The more actively the players of the team controlling the ball maneuver, the more different combination options can be used in the development of the attack, and the successful completion of exactly one attack will be more certain. How tactically literate an individual player is, as well as the team as a whole, can be said by looking at his maneuvering.

Actions with the ball

The main options for the actions of the ball-handling player are carrying the ball, passing, shooting, passing and stopping.

All technical actions of the players are analyzed in detail in the "Game Techniques" chapter. Here we will limit ourselves to giving some recommendations about which move is better to use in different game situations [27,28,29,30,31,32,33,34,35,36,37,38,39,40].

Carrying the ball. This tactic is best used when the ball's partners are blocked by the opponents and it is not possible to pass the ball. In such a situation, the player must start moving the ball lengthwise or crosswise on the court for the following purposes:

a) to create an opportunity for his partners to open, as well as for one of them to pass into the attack zone. In this case, the movement should not be fast so that there is enough time for partners to move to new positions;

b) creating conditions for oneself to directly threaten the opponent's goal. In this case, the ball is carried at maximum speed to make it difficult to see clearly. In addition, in order to immediately take advantage of the convenience of the position of the partners, the player controlling the ball must carefully monitor their movements.

It should always be remembered that the player without the ball runs faster than the player with the ball: therefore, it is better to carry the ball only if there is no possibility to pass it. Holding the ball too much slows down the progress of the attack and makes it difficult for the partners, because they are forced to change positions again after getting into the ball position and not receiving the ball.

Go around. Passing, that is, the actions of the ball-handling player to win the fight with the opponent, is an important means of individual transition from the defense. The more diverse and effective the circumvention methods are, the more dangerous the attack becomes.

There are the following types of bypassing: bypassing by changing the speed of movement; go around by changing the direction of movement; acts of deception (feints) [41,42,43,44,45,46,47,48,49,50,51,52,53,54,55].

feints is the most effective way to fight in the relatively fast conditions of the playing field. There are following types of feints:

1. Feint by striking. The player with the ball, approaching the defender, 4 pulls his leg back as if he is going to kick the ball to the opponent. The opponent is so focused on the shot that the

player usually misses it quickly. This trick is only used when there is space next to the defender. Otherwise, the attacker faces the defender next to the defender who is fighting him.

2. Feint by running away. The attacker with the ball goes straight to the defender. When the 2nd 3 distance is reached, the attacker moves as if to go to the left, and then tries to go around the right side of the defender at maximum speed. This type of pass can be successfully used anywhere on the field and in different game situations.

3. Feint while stopping the ball. The player with the ball slows down a bit when he sees that the following defender is catching up. With 1.5 2 distance remaining, the attacker stops the ball, and then resumes movement at maximum speed in the same direction as before [56,57,58,59,60,61,62,63].

Feint turning around of transition common principles. Around transition two from action - fake and true actions consists of will be This is a fake act protector at the speed » execution , that is feint the opponent must " see " , otherwise it is fake to action attention giving , mostly according to can't make it . However , the striker opponent fake in the direction resistance to show forced to reach , therefore , by turning to pass continue carry on for necessary direction release to receive intended movement does _

A feint is possible as long as natural to be is necessary , that's all protector in progress of action really that it is believes _

From the defender turning around win received after the ball body with blocking take, opponent the ball take can't get to the situation transition it is necessary.

Around from passing goal him demonstration just doing it consists of not to be need _ Around transition everyone time blow give, ball transmission, of the field some in the part amount superiority harvest to do and etc for comfortable conditions create enable giving tool being stay it is necessary.

Around to pass opponents' penalty area and to him near in places used ok _ of the field medium in the part and especially in his own penalty area turning around to pass less apply recommendation will be done, because in this placed each how the ball own gate for dangerous being remains [64,65,6,7,68,69,70,71].

D wife intended blow to give This all attack actions done increase the most main tool is considered These " ultimate " actions are tactical skillfully if not used , of the team win to exit directed all attempts zoe goes

The gate intended blow to give of tactics common basics:

1. A blow to give before of the goalkeeper position skillfully evaluation and his good saw actions know (he ball which from the side iladi - from the left or from the right or from the ground? or from the air - good need to know)

2. Concrete game to the situation looking blow to give method right choose it is necessary

3. Execution character (strength , accuracy , distortion , reduction and etc.) in terms of in this very situation laugh has been from the blow use necessary _ The shot should be as unexpected as possible for the goalkeeper (the shot is given without preparation, without pre-adjustment, towards the most difficult place to hang the goal, etc.).

4. It is better to pass the ball to a partner who is in a grayer position to score a goal.

5. Player different in methods blow to give to know need _ The gate aimed head shot to give to know extremely important because _ the ball referring when transmitted the attack to complete for it's quite a lake will come

Summary hanging that's it to say OK, the ball transmission two of the player one to the second one the ball directing mutually cooperation become _ _ this individual and in football group actions between _ intermediate link _ will be To whom , when and how by doing the ball passing on to give

the issue solution doing as well as this the goal done increasing player 's individual skills demonstration does _ At the same time the ball transmission two or three of an athlete together actions done increase tool is considered.

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