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# TWO TEACHERS IN ONE GROUP: DOUBLE PROBLEM OR DOUBLE SUCCESS?

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**Abstract:** This article suggests collaborative learning often occurs in inclusive groups. In a coteaching group, teachers work together to plan lessons, teach, monitor student progress, and manage the group.

**Key words:** teacher, teaching English, teach and help, parallel learning, teach and observe, differentiated learning.

# Introduction

Although knowledge about the factors associated with teacher well-being has increased significantly in recent years, burnout appears to remain a common problem in teacher work<sup>1</sup>. A heavy workload coupled with a lack of commitment to the job, as well as ever-changing job demands, have even been identified as one of the most important reasons why teachers consider leaving the profession <sup>2</sup>. On the other hand, certain resources in the workplace have been found to increase work engagement and, conversely, prevent burnout <sup>3</sup>. Interprofessional collaboration as an opportunity to share responsibilities and use common knowledge with other professionals <sup>4</sup>may be one of these important resources. However, we need empirical research that examines the possible relationship between teacher well-being and interprofessional collaboration in higher education institutions. In addition, a teacher's sense of efficacy related to his experience of organizing functional situations in a group and supporting students in a group<sup>5</sup> has been associated with teacher well-being and therefore a joint study of teacher well-being and<sup>6</sup> interprofessional collaboration seems relevant.

<u>Mixing two co-teaching models</u>: In a group of two adults, not using both teachers or not having a plan for which teacher does what. Below are some different models of collaborative learning. Try using each of them in your group. Different models perform well at different training times. Look at your lesson plan and discuss with your colleague how you think you can best use your teaching skills.

Also note that it is important to ensure that both teachers fulfill all roles throughout the year to gain the trust of the students.

# • Model One: Teach and Help

In this design, one instructor leads the activity while another instructor moves around and assists individual students.

# • Model two: Parallel learning

In this model, students are divided into two groups based on the abilities or needs of the students. Each instructor takes half the group and teaches the same lesson. This model is a good option for small group discussions, labs, and situations where students need a smaller class group and more individual attention.

# • Model Three: Teach and Observe

When using the teach-and-observe principle, one instructor teaches the lesson while the other instructor observes and takes notes. This model helps the team gain invaluable data that will enhance

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<sup>&</sup>lt;sup>1</sup> Pyhältö et al., 2021; Richards et al., 2018; Salmela-Aro et al., 2019; Upadyaya & Salmela-Aro, 2020.

<sup>&</sup>lt;sup>2</sup> Räsänen et al., 2020; Also Amitai & Van Houtte , 2022; Juvonen & Toom , 2023.

<sup>&</sup>lt;sup>3</sup>Bakker et al., 2008; Hakanen et al., 2006

<sup>&</sup>lt;sup>4</sup> Edwards, 2012; "Thistlethwaite", 2012

<sup>&</sup>lt;sup>5</sup> Tschannen-Moran & Hoy, 2001

<sup>&</sup>lt;sup>6</sup> for example Skaalvik & Skaalvik , 2007 ; 2010 ; \_ Zee & Koomen , 2016

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their learning. Be sure to discuss with your partner in advance what you think will be critical to observe, such as student behavior or learning patterns. Be sure to take time to discuss the observation soon after class.

# • Model four: station training

Each teacher customizes a lesson plan with different content. Students spend half of the lesson with one teacher. Halfway through class, students switch to a different teacher, and each teacher repeats the lesson for a new group of students. This is a good strategy that allows teachers to teach in an area of their strength or interest. It also allows students to get two mini-lessons and break up the unit.

# • Model five: differentiated learning

One teacher teaches the main lesson while another teacher takes a few students aside for differentiated instruction. This is usually a good model to use if you have students with IEPs or education plans. The teacher in a smaller group still has the same learning goal, but may change the process, product, or content to help students achieve it.

# • Model Six: Tag Team Cooperative Learning

Two teachers in a team teach the whole class. This model requires the most time for collaborative instructional planning and may even require you to develop a lesson pacing guide and script early on. If done incorrectly, this model can cause chaos as teachers interrupt each other or try to go in different directions. Make a clear plan about who and what will be responsible for leading and how you will move from instructor talk to modeling.

**Reflect together:** Once you find your rhythm, be sure to reflect together often. Share student successes and what you have done as a team to help them succeed. Talk about students' challenges and what you can do together to meet their needs. Having a thinking partner will deepen your own thinking process and make you more accountable. Your partner may also notice something you missed. Together you can help each other become better people. By combining your teaching skills, you can create a student-centered classroom!

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