

**NATIONAL SPORTS GAMES IN THE NEIGHBORHOOD
THE IMPORTANCE OF ESTABLISHMENT**

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Annotation. *One of the most pressing issues on the agenda is the issue of educating young people physically healthy through the effective organization of national sports games in the neighborhoods. In order to fulfill this important and priority task at the required level, there is a need to study the socio-psychological aspects of this issue.*

Keywords: *speed, endurance, strength, agility, national sports games, national culture, youth education.*

In our country, the role of the mahalla in educating young people and ensuring the strength of the family is growing. Because we all know that this social institution does not exist in any other country.

It is positive that the issue of the impact of the mahalla, which is a public or non-governmental organization, on the life of the population living in this area, its socio-psychological environment is in the constant focus of our government. Therefore, using all the positive features of this social structure, it is important to increase the interest of young people in national sports. In particular, the interest and need for national sports in the neighborhood, as well as the level of attitude of young people to this activity, is recognized as one of the most pressing problems of social psychology today.

The issue of educating young people in a healthy way through the effective organization of national sports games in the neighborhoods remains one of the most pressing issues on the agenda. In order to fulfill this important and priority task at the required level, there is a need to study the socio-psychological aspects of this issue.

Today, the mahalla has a growing socio-psychological capacity and responsibility for the organization of social life, inculcating in the minds of everyone the priorities of society, educating young people in the spirit of national traditions and values. Because in the Uzbek family, every young person is first of all brought up in a neighborhood environment, which positively accepts the psychological norms, dimensions and traditions formed in it.

The national culture of the people has an inexhaustible source of knowledge and experience, such as national movement games, dances and colorful sports. Therefore, it is necessary to study the national movement games, to promote them to the general public, especially among young people, to study the socio-psychological aspects of this activity, to widely and actively introduce them into the process of physical culture of students.[1,2,3,4,5,6]

The organization and conduct of national sports games have their own socio-psychological characteristics. That is why it is important to know the subtle, unique aspects of these games, the technology of their implementation. It is difficult to cultivate healthy, educational and pedagogical tasks, physical qualities (speed, endurance, strength, agility, etc.) without knowing the specific features of the game, such as calling and collecting children for the game, drawing lots to start the game, finishing the game.

It is important to note that many parents have a different approach to taking their children out of the house when they go to national sports games in the neighborhood. Often, the parent will try not to respond to the child. The kids know this very well, so they look for ways to get their friend out of the house. G.Jahongirov elaborated on this in his pamphlet "Uzbek children's folklore": The boy may call at the request of his friend. Those who lazily took to the streets were immediately criticized, and the children encouraged them to be independent, to be courageous, to compromise.

If the girl being called is a girl, she is called in a more gentle, distinctive tone. If the girl does not come out even after the call, she will be insulted, and the playful girls will look like old women.

The children called each other to sing and play. Such games are popularly called challenges. This game represents the challenge experiences in relation to the same situation and serves the function of calling, summoning, collecting the game. Screams are mostly shouted, which is an effective tool that increases children's desire to play. There are many types and forms of calling and organizing in the game. Their main task is to encourage children to play, tickle their hearts, encourage, remind, and stimulate their interest.[7,8,9,10,11,12,13,14,15]

Each word in the counting terms represents a single number, again ranging from three lines to twenty-four lines, and even larger. This means that there are 2-4 words in each verse. The weight structure of the numbers was observed to be free, hence four to eight joints. The numbers in the numbers are not only mentioned, but weighed in order to form a rhythmic basis.[16,17,18,19]

Any word in the count is broken and voluminous, and should be easily divided into syllables, even if the position is multi-syllable. Although these words have some meaning and convey an understanding to the players, they represent the function of numbers in terms of practical significance in the course of this game.

These aspects allow us to imagine to some extent the socio-psychological aspects of the national sports games. After all, these national games deserve special attention as an integral part of the culture and spirituality of our people.

In conclusion, we believe that the measures taken today to organize national sports games in neighborhoods and use them as a means of spiritual education are not enough. Taking into account the socio-psychological aspects of the national sports games in the neighborhood, it is possible to use the national sports games in the education of young people only if sports activists, parents, the general public put this issue on the agenda and work together. [20,21,22,23,24,25]

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