

**THE ROLE AND FUNCTIONS OF THE SCIENCE OF PHYSICAL CULTURE IN THE EDUCATION SYSTEM**

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***Abstract:** physical culture and science as science is taught in the education system educational this specific purpose functions. The aim of the science of physical culture physical maturation of the individual to reach the harmonious development of the nurturing them active participants of the democratic state, and to the defense of the motherland ready to do creative work that consists determined. In order to achieve this goal is of course to study the science of physical culture of the network, the implementation of scientific research and the results obtained by reference to the practice of teaching students is achieved. Through this, the members of the society of physical culture on knowledge, skills, and qualifications of developing it.*

*In this article, the role of science in the education system of physical culture and objectives of the research are the scientific aspects.*

***Keywords:** physical education, physical culture, the theory of physical culture, health, sports, education of a healthy generation, a healthy lifestyle, physical education system.*

State policy in the field of training and human intellectual, spiritual and ethical education for the development of comprehensive closely related on a continuous basis through the educational system included. Thus, each institution of higher education and scientific relations of close cooperation with the world's leading educational institutions, international standard based on advanced technologies of education in the educational process, the introduction of educational programs and teaching materials, educational-pedagogical activities, master classes, training highly qualified teachers and educational institutions to attract foreign scholars for active partners in their own database on a systematic basis in higher education institutions of our republic, undergraduates, young teachers and scientific staff trainings to the organization of retraining and qualification improvement of teachers of higher education, further improvement of the system and on the development of the complex in the future as one of the most important tasks are defined [1,2,3,4,5,6,7].

Historically, education in the society in all of the period-are the most pressing issues the issue of education, and today this issue is also one of the main issues. The members of society because education were seeing, and a whole society in the period of their existence, i.e. its development, welfare, moral and spiritual state, economic stability, and the interaction of members of society, to keep peace in the world, the human factor would depend on the different solutions together to find a solution towards the problem of executive power. Which is an important component of such a system of physical culture and provide comprehensive services makes the specific activity in the perfection of a member of society. In this regard special attention is given to physical culture in the country [8,9,10,11].

**Physical culture** – the builders of a new society, physical education, sports and culture of mature individuals in combination with comprehensive tools for nurturing the specific purpose of special tools and methods which include special events by directing the person to a set of physical improvements.

Physical culture – general culture is a part of society and its development of socio-economic development is related to the level.

Physical education the purpose of the formation of man from the period of the childhood of physical perfection and health is to increase the ability of constructivism. The purpose of physical culture in the community with the development of society the recipe on the field all together, that what it means is that the person not only of education, but the recipe is heading related to the areas listed above all to develop together [12,13,14,15,16].

The concept of physical culture, obviously, the minds of the people, talent, all things sewing items created by his spiritual essence, to the world, to nature, and all things that reflect the relationship to the relationship of man to man includes.

Physical culture, personality and the realization of the practice of "technique" to develop the physical understanding of the culture and education of the young generation in a decisive and it's time to realize, deep knowledge and beliefs based on the targeted formation and strengthening minds and continually need to care. Iboratki that specific feature of physical education as a social phenomenon, this is mainly human in the society that develops physical abilities, spiritual and at the same time serve as a tool to get far too strong to take effect its fullness [17,18,19,20,21]. This feature applies to all times of the general physical training for a private sign. Konkret out from society, but in real life, which is the general historical conditions do not have physical education.

Physical education and physical exercise so successful that the solution of the task of consciously make their hobby or interest do realize involved in sports, creative approaches to show initiative, on the formation of the body in movement skills, functional abilities should be for the development of a special general knowledge to rely on.

Other areas of activities focused on physical education in the process of education planned to come about not always the result has been proven. The results of exercise in physical education or physical education planned to young athletes to be the place to taqazo makes his trenirovka affect the body counts, short and narrow in the direction of the sport trenirovka pay attention to the results that ko'ramizki, high to achieve results within a certain period before when you forget, trenirovka later mashgulot does not justify itself [22,23,24,25,26]. This comprehensive complete the image is balanced towards thwarting hinders development and sports achievements.

The development of physical culture in society level will be evaluated with the following indicators:

- the members of the society of students of physical culture of everyday married \* with the department and the level of payments;
- the members of the society of health and physical preparation;
- material of the lessons of physical culture-and with the technical competence to ensure the quality of them;
- the composition of permanent employees, who is the head of physical culture (united states), and qualifying activity and talents;
- in sports, with the results of the members of the society will be evaluated [27,28,29,30].

**Conclusion.**

Based on the above research results, the following conclusions can be made:

- "Physical culture" in its understanding of the concept of the form in terms of the structure of the language of every nation and progressing historically, has been advancing;
- "Physical culture" in the field of the science of important scientific concepts and terms that set the direction of research;

- "Physical culture" of the sector and understanding of the terms, soak deep into the daily life of the population in the enhancement of their knowledge through activities have become one of the main factors is concerned with representatives of physical movement wholeheartedly. In this regard, in the study of the science of physical culture of the educational process in educational institutions is one of the leading factors [31,32,34,35,36,37,38,39,40]. Therefore, the various dictionary on the field, it is necessary to develop a glossary.

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