

SOCIAL AND PEDAGOGICAL FUNCTION OF SPORT IN SPIRITUAL DEVELOPMENT OF YOUTH

Khatamov Zafarjon Nazirjonovich

Kokan State Pedagogical Institute.

Associate Professor of the Department of Physical Culture Methodology. UZBEKISTAN

Email: zxatamovjm@gmail.com

Akhmedova Nargiza Alidjanovna

Tashkent Institute of Pharmacy, senior lecturer of the Department of Uzbek language and literature.

Abstract: The article analyzes the attention paid to the field of sports in our country today, its role in the spiritual and physical development of young people, its socio-pedagogical functions in the formation of the qualities of patriotism, tolerance, and activity in young people through sports, and the need for its improvement.

Key words: sport, national games, youth, spiritual maturity, patriotism, tolerance, activity.

It is not for nothing that they say that physical exercise, i.e. sports, is a socio-pedagogical phenomenon that has been tested by mankind for centuries, and is a guarantee of the formation of a healthy philosophy of life. Because sport is one of the factors that create a wide range of opportunities for everyone, regardless of nationality, race, and religion, to form a healthy lifestyle. Therefore, our President Sh. Mirziyoev says the following about this: "From now on, we attach great importance to the rapid development of sports, the encouragement and support of athletes who have achieved high results in international competitions." [1] Sport forms high spirituality and morality in a person. The development of sports contributes greatly to our goals and policies to increase the sense of kindness in our society, will be far away from vices such as avarice, envy, etc. Such children will never show their strength by going to obscenity on the street, because a new perspective and new human emotions enter their inner world through sports. Our historical traditions and values through national sports the fact that it is being instilled in the minds of our youth, that it is being warned about the evils that negatively affect their worldview, and that the methods and means of popularizing sports among the population are being improved, is giving its positive results.

Today, our country pays attention to sports at the level of state policy and a number of activities are carried out. In particular, the regular organization of three-stage sports competitions of schoolchildren and students, such as "Sprouts of Hope", "Barkamol Avlod", "Universiada", as well as national games, festivals and tournaments, has its practical effect.

To educate young people, who are the owners of our future, to be spiritually and physically mature, to give accurate and clear, at the same time interesting information to young people about the history of the origin of national sports games, to instill in their minds the national sport. It increases the love for our mothers and teaches them to appreciate them. At the same time, it is of great importance for athletes to proudly protect the honor of their Motherland during competitions. Today, sport is a political and social issue with sufficient influence, and even sports has created an opportunity to unite a large group of people and lead them to certain goals.

Many researchers studying the history of world sports stated that sport has already become the object of such sciences as psychology, philosophy, sociology, and history, which study behavior in the field of humanitarianism.

When thinking about the socio-pedagogical function of sport, first of all, it is necessary to pay attention to its connection with the spiritual and moral environment of the society.

The spiritual and moral environment of the society improves according to the needs and requirements of the time. Today's social development of Uzbekistan requires the development of the spiritual and moral environment of the society with new concepts, moral values, principles and norms. Basing on ideal level values in personality formation and spiritual and moral education gives expected results.

Sport forms morality in a person, it is appropriate to consider concepts such as will, duty, and responsibility when determining the level of morality.

Studying the dialectic of aggressiveness and pleasure in sports on the basis of historicity and rationality, the fact that combative and deadly sports games are accepted as habits in different cultures in the historical stages of society, that there are no formalized and legalized rules, and even that some peoples have sports death. It should be noted that there were cases of human sacrifice among the yins. While some cultures value belligerence and aggression more, others value friendly relations and tolerance more.

Conducting modern sports on the basis of universal rules and paying attention to the further development of universal values in them remains one of the important aspects of the socio-pedagogical function of sports. This, in turn, is of particular importance in educating young people to be loyal to national and universal values. At the same time, sport not only makes a person physically strong, but also improves him from an aesthetic point of view. Most of the young people who play sports are determined and strong-willed to achieve their goals.

Along with the formation of moral qualities such as patiently overcoming any difficulties, treating others with respect, they themselves show beautiful movements and serve to get aesthetic pleasure. Today, sport has risen to the level of art, and modern sports equipment brings pleasure to the audience.

One of the important principles of the national idea at the present time is tolerance. In particular, the actual activity of the principle of tolerance can be seen in the effort to create national, religious and social tolerance among the population, and to create a healthy spiritual and physical environment. It began with the formation of mass sports and physical education, which is an important area for educating young people to be well-rounded and tolerant. Physical education and sports are a factor in the development of people, their tolerance in solving social and economic tasks. Only mentally and physically fit people can successfully carry out the creative work typical of the present era. After all, "education of tolerance is one of the important conditions for the justification of civil society" [2].

In countries where civil society is developing, every person can fully demonstrate his physical fitness and all his capabilities. In particular, in the conditions created for physical education and sports in our country, conditions have been created for the formation of tolerance in all young people and the full realization of their potential. In this regard, the President of Uzbekistan says: "I think you all understand that in this world, no matter in which field, any achievements and results do not come by themselves. In particular, it is no secret to anyone that in order to achieve high goals in the world of sports, first of all, you need a solid foundation, talent and desire, and most importantly, strong will, tireless work and courage" [3].

Popularity of sports is one of the main conditions for raising a well-rounded person. "Exactly in sports, the values important for modern society such as equality of chances of victory, striving to be the first, defeating not only one's opponent but also one's self are clearly manifested" [4].

The field of sports research complements traditional medical and pedagogical research with philosophical, historical and social research. In the era of globalization, ideological or ideological struggle, development of mass sports instead of national competition, development of moral qualities such as fighting like friends and heroes in sports are the basis for the emergence of tolerance in people. Our great scholar, the Sultan of the world of medicine, Abu Ali Ibn Sina, emphasizes that the

development of physical culture and sports not only improves a person's body, but also enriches a person with moral qualities. "From the moment an athlete realizes that he is guided not by fear, but by moral norms, he will be polite to his coach, friends, comrades, athletes, not because of fear, but because of the dictates of his conscience. The development of sports greatly contributes to our goal of increasing the sense of kindness in our society" [5].

Playing sports forms high moral qualities in children: the child becomes kind, avoids vices such as rudeness, tolerance, envy, collectivity, tolerance, his own group and training. pride in their training, humanity, patriotism and move under the flag of the Motherland regardless of nationality. Raising a healthy and strong generation was connected with many social, organizational and moral problems. These problems began to be solved one after another. On the agenda, there was a need to organize a new direction in Uzbekistan, a national movement related to sports. That is why in the past twenty years special attention has been paid to the development of physical education and sports in our country. Laws "On Education", "On Physical Education and Sports", "National Program of Personnel Training", "Physical Education in Uzbekistan" adopted after the independence of the Republic of Uzbekistan "On measures for the further development of education and sports", "On the creation of the fund for the development of children's sports of Uzbekistan", other decrees and decisions fundamentally social, political, economic, spiritual, and creating cultural changes.

Everyone in the society strives for it, is interested in it, because playing sports strengthens the will, makes one physically strong, and provides health. Sport is a tool that improves physical culture, it forms a socio-cultural process, and as a result, it is a multifunctional social activity that forms peace, friendship, tolerance in young people, and moral qualities. According to the researchers, when the word "athlete" is pronounced, not only the image of a strong, resilient and agile and tall young man or girl is embodied in our eyes, but also strong-willed, correct, truthful, always optimistic about life. we understand a person who is optimistic, easily overcomes any difficulties, humble and calm about his achievements [6].

It can be concluded from this that, firstly, sport is a social activity that serves the benefit of society and chooses a unique way to form tolerance; secondly, sport eliminates vices such as indifference and indifference in society, improves physical and social tolerance in individuals, and carries out constructive activities; thirdly, if a culture of tolerance is formed through sports, equality, sympathy, mutual respect, patience and respect for the diversity of spoken languages, and integration of interests will occur in interpersonal, ethnic, and interstate relations.

In order to raise a healthy and well-rounded generation and to develop a high moral ideal among young people, the great work started in the field of physical education and sports in accordance with the state program "Year of a Well-rounded Generation" without slowing down, especially the further development of children's sports, every city and building sports complexes and stadiums in the village that meet the requirements of the time, modern sports it was specially emphasized that the issues of providing equipment, highly qualified sports teachers and coaches are widely occupied. The formation and popularization of sports is the reason for the strengthening of spiritual and moral integration, the formation of international and inter-ethnic tolerance. Especially in our republic, the work of creating sports and mass healthy lifestyle ensures the principle of tolerance even more priority.

In conclusion, first of all, sport is a socio-pedagogical phenomenon has its history of origin, essence, functions, place and importance in society and human life. Secondly, by studying the development trends of the dialectic of nationality and universality, sport fulfills an important socio-pedagogical task in educating young people in the national spirit. Sport remains an important factor that leads to physical and mental beauty of a person and serves to educate him in all aspects.

Including scientifically analyzed the development of small business and business, and the legal basis, at this time financially support small business and business, the latter is amended and the rules for this branch of national legislation are added.

Now studying scientific heritage, socio-political activities and acquaintance youth charity of our above-stated ancestors is considered one of the main urgent objectives of the modern intellectuals.

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