

**ANALYSIS OF THE REQUIREMENTS FOR CONDUCTING SPORTS EVENTS IN PUBLIC PLACES**

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**Annotation.** This article discusses the important importance of mass sports in the life of a person and family in all regions of our country, its promotion and promotion of the basis of physical and spiritual health, protecting young people coming to life with great hope from harmful habits, creating necessary conditions for them to realize their abilities and talents, sorting out talented athletes from

**Keywords:** healthy living, population, physical education and mass sports, sports, competition, talented athletes

**Introduction**

The formation of a healthy lifestyle in our society, the creation of conditions in accordance with the requirements of the time for the regular practice of physical education and mass sports of the population, especially the younger generation, the strengthening of confidence in their will, strength and capabilities in youth through sports competitions, the mastery of courage and patriotism, feelings of loyalty to the, a large-scale work is being carried out aimed at the systematic organization of the selection of talented athletes from among young people, as well as the further development of physical education and mass sports.

It is especially noteworthy that representatives of our country achieve high results at the Olympic Games, World Championships, Asian Games and championships, as well as international competitions, the prestige and sports potential of Uzbekistan is growing in the world, magnificent sports facilities are being built in the regions of our republic in accordance with world standards, sports games "sprouts of Hope", "perfect generation"

At the same time, in all regions of our country, there are important and urgent tasks to promote and promote the important importance of mass sports in the life of a person and family, the basis of its physical and spiritual health, to protect young people coming to life from harmful habits, to create conditions for them to realize their abilities and talents, to Resolution of the president of the Republic of Uzbekistan on measures for the further development of Physical Culture and mass sports, PP-3031 dated 03.06.2017.

**Level of impact:** in recent years, the Republic has been implementing consistent measures to popularize physical education and sports, promote a healthy lifestyle among the population, create the necessary conditions for the physical rehabilitation of persons with limited capabilities, and ensure the country's worthy participation in international sports fields.

**The objectives of the study are:** the implementation of specific programs in the field of Physical Education and sports that contribute to the strengthening of the health of the population, the widespread involvement of young people in sports and the selection of talented athletes from among them, the formation of national teams with skilled athletes that ensure high results in sports, and the need

In order to form a comprehensively mature and physically healthy person with a high culture in the country, to set priorities aimed at gaining skills and knowledge of the population in the field of physical education and sports, to introduce innovative forms and methods into the selection (selection) process of talented athletes,

Research methods: to increase the total number of people who regularly engage in physical

education and sports by up to 30%, and the total number of young people engaged in sports organizations and institutions by up to 20%;

the qualitative composition of trainers and specialists in state sports educational institutions, in particular, gradually increasing the number of employees with higher education to 80 percent;

development and implementation of an effective and transparent four – stage organization-District (City)-territory-Republic system of selection (selection) of talented athletes from among young people in places;

To identify talented athletes by conducting "children's sports games" among students-athletes of sports schools in the system of the Ministry of Physical Culture and sports of the Republic of Uzbekistan and to create reserves for youth national teams and to attract students to regular sports activities as a result of organizing "student sports games" among students of higher educational institutions;

in order to popularize physical education among a wide range of the population, including students of Secondary Schools, students and students of professional and higher educational institutions, to identify their gifted among them

Development of a system for conducting the festival " general education school sports", the competition" institution with developed physical training " in stages (District/City, territory, Republic) and the introduction of the nomination of the best general education school with a developed level of physical training, professional and higher educational institution;

International Marathon" Tashkent Marathon " in the field of sports since 2020,

Development of sports tourism through the systematic holding of international ecomaraphon" Save Aral", authoritarian and motocross sports competitions;

introduction of testing "level of physical fitness" among all segments of the population;

Organization of scientific and complex laboratories for athletes of national teams in sports, introduction of advanced innovative technologies in the preparation process and establishment of effective medical and pharmacological support in the field of sports;

introduction of a mechanism for regularly deepening medical examinations of members of the regional national team under the age of 18 in the junior departments of regional children's multidisciplinary medical centers and members of the regional national team older than them in the district (city) multidisciplinary central polyclinics;

Since February 1, 2020, the introduction of a system for obtaining doping test samples in Republican sports competitions in Olympic sports in stages; the creation of an infrastructure for Winter Olympic sports, the establishment of a system for training professional athletes through the popularization of these sports;

### Results

Organization of the Olympic Training Center in Bostanlyk District, Tashkent region for systematic preparation of sports delegations of Uzbekistan for prestigious sports competitions;

in order to attract foreign athletes and fans and to effectively use the sports infrastructure, the establishment of "hospitality services", the introduction of an additional (non-electronic) entry visa" Sport Visa;

to establish necessary measures to increase the participation of the private sector in sports, including to reduce the share of the state in sports organizations;

expansion of the system of additional financing of sports through the organization of sports lotteries;

to establish the activities of elective classes and circles in sports included in the program "Army Games" for students and students of educational institutions in the system of law enforcement agencies and the Armed Forces, including the "School of Temurbek" ;

wide introduction of modern information and communication technologies into the management system of physical education, health, sports facilities and institutions, including "Sport.uz" ensuring the connection of sports facilities to telecommunication networks through the information system;

implementation of systematic measures to increase the development and popularity of national sports, their inclusion in the programs of Asia and the Olympic Games.

The popularization of Physical Culture and sports in our country has been defined as one of the most important areas of social policy. Because sports create a healthy lifestyle and education in society by promoting the health of the population, educating the younger generation in a healthy and harmonious way. Including various diseases, prevention of harmful habits among young people, an important place in the formation of feelings of courage, nobility, patriotism. Achievements in this field make the country known to the world, give pride to all compatriots.

### Conclusion

A wide range of work has been carried out in the field of physical education and sports. The necessary conditions have been created for the regular practice of physical education and mass sports by the population, especially the younger generation. Modern sports complexes were built in cities and villages. Continuous sports competitions such as "sprouts of Hope", "perfect generation" and "Universiade" have become a means of making youth a mass sport, a healthy lifestyle.

A continuous system was created for the selection of talented children and training of professional athletes. The ability of boys and girls in training in general education schools and children's sports complexes is taken to children's and youth sports schools, sports colleges and is brought up on the basis of professional approaches. He is improving his skills in higher educational institutions and training sessions.

The external structure of the Constitution describes its relationship with other sources of law, the totality of relations, its place and role in the legal system and its significance in the system of social and normative regulation in society.

The article presents the role of family, forming system of upbringing, traditional-educational system and traditions in Uzbekistan.

In an article consistently revealing the principles of the Bologna process for measuring the quality of education, the dynamics of internationalization and the logic of integration in European higher education and in Eurasia.

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