

METHODOLOGY FOR THE USE OF INFORMATION COMMUNICATION TECHNOLOGIES IN THE DISCIPLINE OF PHYSICAL EDUCATION

Xudoynazarova Gullola Mirxojitdinovna
Kokand State Pedagogical Institute

Annotation. This article has been asked about the advantage of establishing the educational process of future physical culture teachers based on Information Communication Technologies.

Keywords: information process, professional and pedagogical skills, requirements of society, pedagogical skills, modern Information Technology, Information creation.

Introduction

Any education and upbringing system is formed and develops in a certain social, scientific and technical, economic, cultural and, finally, political environment. Each member of society, in his daily activities, continuously uses various information resources. The constantly increasing volume of information serves to increase the intellectual potential in society. As long as so, the teacher can also improve his professional and pedagogical skills based on the flow of modern information technology. In order for future physical culture teachers to make good use of Information Technology in the process of labor activity, they must first create the basis for the formation of their own information environment. Modern information technologies in their environment embody information objects, their interaction, technologies and means of creating, distributing, processing, collecting information, as well as the organizational and legal content of Information Processes.

Literature review and methodology

The development of pedagogical technologies in the process of reforming the education sector in our country and in the developed countries of the world, independent search for the necessary information, knowledge of the problem and solution of it, critical analysis of the knowledge gained is aimed at helping to solve new issues on the basis of this knowledge. The Resolution No. 28 - 191 of September 2005 "on the establishment of the public educational information network of the Republic of the Republic of the Republic of the PA" on the rise of the introduction of modern information technologies into the educational process and the development of skills and skills of teachers of the Republic Of The Republic of the PA "on the basis of measures- the adoption of Resolution No. 200 on June 6, 2002 No. 25 of February 16, 2006 "on the basis of further improvement of the system of retraining of trained personnel and their professional development" indicates that this issue is being considered as a priority direction of state policy. At present, socio-economic changes and scientific and technical progress are rapidly growing between secondary schools and higher education institutions and future physical education professionals. New ideas in the thinking and acceptance activities of future physical education professionals and students will take a certain amount of time to incorporate new modern information technologies.

Results

The diversity of the form and content of modern information technologies in the process of education of future teachers of Physical Culture - provides an opportunity to choose from the proposed circumstances based on the interest, possibility and personal characteristics of the student. Such an opportunity is also required to be reflected in the education system. Future physical culture takes as a solution to such a problem that teachers organize different-level education on the basis of modern information technology. Future physical culture teachers improve opportunities for the use of computer technology in current educational institutions, such as in the educational process

the fact that technology is one of the most important indicators of application is being recognized by pedagogical scientists. In particular, U.S. Begimqulov proposes the need to create a computer information environment in educational institutions and an information base at a level that

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can meet the requirements of the present time, development of hypertext and multimedia, imitation in education, communication systems, creation of a database of information recommended for input, systematization, storage and use of the necessary information using computer equipment.

Teachers of future physical culture should be guided by the following in the process of effective organization of Education based on modern information technologies:

the team that creates distance learning courses and Electronic Literature ensures that teachers, computer programmers, relevant professionals work together;

give proper distribution of a rhythm of tasks between teachers;

improving the more perfect organization of the educational and educational process and increasing the effectiveness of pedagogical activity creates the possibility of organizing monitoring.

Discussion

Teachers of future physical culture should follow a number of important rules when applying modern Information Communication Technologies in pedagogical activities of educational institutions. In the pedagogical activity of teachers of Physical Culture on the basis of modern information technologies:

the technological basis of education is facilitated by a complex process associated with development at the level of the requirements of the time;

special skills and skills are formed to organize the lesson process on the basis of modern technical means;

due to the openness of distance courses, the requirements for their quality and the need for quality control of teaching materials increase;

the independent activities of the students in the learning process are improved, and the effectiveness of the lesson process is shifted from teacher to reader;

in the organization of the learning process, the organization and personal participation of the student increases;

Also, the use of modern communication technologies in the educational process of the future physical culture teacher is ensured by the emergence of the opposite connection with the reader.

Future physical culture is initiated by the organization of distance professional development courses designed to improve teachers' pedagogical skills based on current requirements in order to form knowledge, skills and abilities using the capabilities of modern Information Technology of teaching staff. Taking into account the achievements in the field of modern information and communication technologies, U.S. Begimkulov emphasizes that computer technology is effective in applying the processes of pedagogical activity of educational institutions in the following aspects:

Conclusion

Since the education system serves to carry out the main tasks of socio-economic and cultural development of society in general schools, institutions of Higher Education prepare a person to show the passionate activity in life in the economic, cultural, political aspect. That is why educational institutions play an important role as the backbone of the educational process in the pedagogical activity of future teachers of Physical Culture. If future teachers are considered the priority of education in the distance education system in a physical education class, priority is currently directed to online learning and learning during the informatization period of society. The teacher of future physical culture should choose the methods, technologies of teaching for such purposes in such a way that he should allow students not only to master ready-made knowledge, but also to search for knowledge from various sources, to master it independently, to form a personal point of view in themselves, substantiate it and make it possible to use the previous. Such teaching can also be called "developmental". Even though remote knowledge acquisition is considered an important factor in

developing thinking, any acquisition or acquisition of knowledge does not provide an impact that develops the thinking of the reader.

The external structure of the Constitution describes its relationship with other sources of law, the totality of relations, its place and role in the legal system and its significance in the system of social and normative regulation in society.

The article presents the role of family, forming system of upbringing, traditional-educational system and traditions in Uzbekistan.

In an article consistently revealing the principles of the Bologna process for measuring the quality of education, the dynamics of internationalization and the logic of integration in European higher education and in Eurasia.

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