

THE INDEPENDENCE YEARS OF THE REPUBLIC OF UZBEKISTAN ARE A PRIORITY ISSUE IN THE CURRENT DEVELOPMENT OF THE COUNTRY THROUGH THE SPHERE OF PHYSICAL CULTURE AND SPORTS

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Annotation. In the last four years, the adoption of a number of regulatory legal and regulatory regulations on this issue and the goals pursued by the Republic of Uzbekistan on the priority issue of the development of the country in every direction through the sphere of Physical Culture and sports during the years of independence has been deeply analyzed and revealed.

Keywords: "New Uzbekistan", "strategy of action", Physical Culture and sports, healthy generation, mass sports, "sprouts of Hope", "harmonious generation", "Universiade", Olympics, Healthy Lifestyle, Sports selection, 5 important initiatives.

In the first years of independence, serious reforms in the economic, political, and cultural processes of the country led to the emergence of new directions of historical importance in the field of physical education and sports. Improving the health of the population, raising the physical fitness of schoolchildren and students, improving the skills of talented athletes based on the requirements of the time and international standards, as well as increasing the work skills and productivity of the working masses and intellectuals, and most importantly, prolonging life through a healthy lifestyle. , special attention is paid to raising a healthy generation.

The contribution of the first President of the Republic I. Karimov in this way is extremely high. "The culture of taking personal care of one's health should be inculcated from a young age with the support of the school, community, health care system, physical education and sports" [2] 'vati is noteworthy.

On the initiative of republican sports organizations and associations, the law "On Physical Education and Sports" was adopted in January 1992, revised in May 2000, and re-adopted in a new version by the Oliy Majlis.] In addition to guaranteeing the status of physical culture and sports, this law also assigned enormous tasks and responsibilities to state and non-state agencies, public organizations, especially the ministries that own sports organizations, associations, and educational institutions.

Taking into account the social, educational, cultural and historical importance of physical education, sports, travel (tourism) and national games, they were seriously started to popularize, build new sports facilities, and create the necessary conditions. Special attention was paid to the national games in the development of football, wrestling, tennis and other sports in the wide spread of physical education and sports among all strata and categories of the population. In this way, a number of decisions of the Cabinet of Ministers of the Republic of Uzbekistan aimed at the development of football, wrestling and other sports are of great importance [7].

The decision of the government of the republic "On measures for the further development of physical education and sports in Uzbekistan" has historically acquired a special place as the main program of physical culture and sports movement.[8]

It should be noted that physical education is taught as a lesson in all types of educational institutions based on the state education system. In addition to classes, sports clubs and various sports competitions are held, based on which it is clear that physical fitness is the priority in terms of content and essence in preparing for a profession. For this reason, prestigious multi-stage sports competitions such as "Sprouts of Hope", "Barkamol Avlod", "Universiade", which are directly related to the continuity of education, have become a tradition. One of the most important aspects is that the

presidential decrees and government decisions related to the development of children's sports seriously focus on popularizing sports among schoolchildren, selecting talented children, conducting tests and training them to become mature athletes. attention is growing. Their clear goals are to protect the honor of our country at international sports competitions in the future and to take it to higher heights.[5]

Currently, the mutual competition between the countries of the world, the demonstration of their strength is expressed in the demonstration of sports and intellectual capabilities. As the first President of the Republic of Uzbekistan I.A. Karimov said: "Sport is an ambassador of peace. Our goal is peace, tranquility and cooperation with the people of the world on this basis.

Nothing can make a country famous in the world as quickly as sports" [3]. In fact, the international prestige of Uzbekistan is increasing due to the successful participation and prize-winning places of the athletes of our country in the Central Asian and Asian Games, various international tournaments, world championships and the Olympic Games. These achievements in sports are the reason for our people's sense of identity, unity and patriotism.

In the Republic of Uzbekistan, the next four years are going to be a period of qualitative changes and rapid development for our country and people. All regions of our country have become an unprecedented construction site - modern enterprises based on the latest technologies, beautiful residences with all amenities, wide and smooth streets are being built.

The life of our people is fundamentally improving, human rights and freedoms, the rule of law and social justice are established. As a recognition to the world that our country is seriously changing in a positive direction as a result of these changes and updates, the term "New Uzbekistan" has been put into circulation. During these past four years, the implementation of specific programs that help to strengthen the health of the population in the field of physical culture and sports, the widespread involvement of young people in sports, and the national championship with skilled athletes who provide high results in sports. In order to create additional conditions for the formation of national teams and trainers, and the formation of an all-round mature and physically healthy generation with a high culture in the country, the following new measures in the field of physical culture and sports have been implemented over the past four years. public regulatory legal documents were adopted, including:

- Decree No. PF-4947 of the President of the Republic of Uzbekistan on February 7, 2017 in the Republic of Uzbekistan "On the Strategy of Actions in Five Priority Areas of Development of the Republic of Uzbekistan in 2017-2021",

- Resolution PQ-3031 of the President of the Republic of Uzbekistan on June 3, 2017 "On measures to further develop physical education and mass sports",

- Decision No. PQ-3197 of the President of the Republic of Uzbekistan on August 10, 2017 "On measures to further improve the activities of the State University of Physical Education and Sports of Uzbekistan",

- Decree No. PF-5368 of the President of the Republic of Uzbekistan on March 5, 2018 "On measures to radically improve the state management system in the field of physical education and sports",

- Decision No. PQ-3583 of the President of the Republic of Uzbekistan on March 5, 2018 "On the organization of the activities of the Ministry of Physical Education and Sports of the Republic of Uzbekistan",

- Decision No. 864 of the Cabinet of Ministers of the Republic of Uzbekistan on October 25, 2018 "On further improvement of the system of republican sports competitions held among students and youth",

- Resolution No. 118 of the Cabinet of Ministers of the Republic of Uzbekistan on February 13, 2019 "On approval of the concept of development of physical education and mass sports in the Republic of Uzbekistan in the period 2019-2023",

- Decree No. PF-5924 of the President of the Republic of Uzbekistan on January 24, 2020 "On measures to further improve and popularize physical education and sports in the Republic of Uzbekistan",

- CONCEPT "Development of physical education and sports in the Republic of Uzbekistan until 2025" was adopted.

The adoption and implementation of the new normative legal acts on the field of physical education and sports adopted above are necessary conditions for regular physical education and sports for all layers of the country's population, especially the young generation. to create conditions, to strengthen the confidence of young people in their own will, strength and capabilities through sports competitions, to develop feelings of bravery, patriotism, loyalty to the motherland, to participate in the Olympic Games, world championships, Asian Games and championships and other prestigious international competitions, large-scale works aimed at increasing the reputation of Uzbekistan in the world, further development of physical culture and sports are being carried out, opening the doors of great opportunities for every citizen of our country.

Summary

In conclusion, it should be noted that today in "New Uzbekistan" the attention paid to physical culture and sports, the conditions created for our youth to regularly engage in physical education and sports, all these are the spiritual maturity of our youth, they grow up physically healthy, do not give in to various foreign ideas, and in addition serve to raise the Uzbek flag higher in the world. President Shavkat Mirziyoyev, in his speech at the solemn ceremony dedicated to the 29th anniversary of the independence of the Republic of Uzbekistan, noted that in modern times, when the great power of our people is flourishing, a new renaissance - the Third Renaissance is being laid in Uzbekistan. The fact that the Third Renaissance in Uzbekistan is aimed at improving physical culture and sports is explained by the fact that this "vital ability" is aimed at increasing.

It is no coincidence that President Shavkat Mirziyoyev also emphasized that "We will continue to attach great importance to the rapid development of sports, the encouragement and support of athletes who have achieved high results in international competitions".[1]

On March 19, 2019, the President of the Republic of Uzbekistan, Sh. Mirziyoyev, put forward the second of the 5 important initiatives to establish the work in the social, spiritual and educational spheres in our country on the basis of a new system. The second is physical training of young people. It is a practical proof that they are directed to create the necessary conditions for them to show their abilities in the field of sports. This is the basis of the decision to adopt a healthy lifestyle in society - physical activity, physical education exercises, and regular sports.

There is no doubt that the athletes of "New Uzbekistan" will make their worthy contribution to the foundation of the Third Renaissance in our country. At the same time, the above has become one of the priorities of state policy in the field of physical culture and sports in "New Uzbekistan" and the beginning of a new stage in this field. indicates.

The external structure of the Constitution describes its relationship with other sources of law, the totality of relations, its place and role in the legal system and its significance in the system of social and normative regulation in society.

The article presents the role of family, forming system of upbringing, traditional-educational system and traditions in Uzbekistan.

In an article consistently revealing the principles of the Bologna process for measuring the quality of education, the dynamics of internationalization and the logic of integration in European higher education and in Eurasia.

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