

SPIRITUALITY IS THE BASIS OF HUMAN MATURITY AND THE DEVELOPMENT OF SOCIETY

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Annotation. The article highlights the role and significance of spirituality in the maturation of a person. The authors pay attention to spirituality in the new period of development of Uzbekistan, in the decrees and decrees of the President of Uzbekistan, information is given about the improvement of spirituality and its causes. Spirituality, according to the conclusion of the authors of the article, is one of the main criteria for the development of man and society.

Key words: spirituality, the need for spirituality, the need for contemplation, the human soul and spirituality, the Internet and spirituality, family and spirituality, society and spirituality.

Taking a look at the history of mankind, we can see that when justice, morality, hard work, culture, that is, spirituality prevail in society, there will be peace, knowledge, prosperity, peace in that land, it is possible to create abundant blessings. We have also witnessed, as a result of our own life experiences, when a spiritual person does not feel humiliated or bullied in life. Because a spiritual person avoids acts that cause self-humiliation, attracts people with his spiritual qualities in such a way that people are in love with his thoughts and teachings, in his circle they make themselves free, happy. A person will be in love with spirituality at any age, because his psyche, like his body is open, tired, cold or warmed, needs a good conversation, a pand-prose, an interesting book, pleasant music, sweet words. As each nation has its own economic extirpation, each nation has its own spiritual values. During the independence of our country, the spiritual rise of society became the dominant direction of state policy. PQ-3160 of the president of the Republic of Uzbekistan on 28.07.2017 "on improving the efficiency of spiritual and educational work and raising the development of the sphere to a new level", PQ-4307 of the president of the Republic of Uzbekistan on 03.05.2019 "on additional measures to improve the effectiveness of spiritual and educational work" was adopted.

PQ-5040son decision of the president of the Republic of Uzbekistan on measures to radically improve the system of spiritual and educational affairs of the Republic of Uzbekistan dated 26.03.2021, as a result of the comprehensive reforms and creative work carried out in our country, there is not enough organizational and practical and scientific-research work on changing the consciousness, worldview, Organization of spiritual, social cooperation of civil society institutions, the media and the private sector has developed the basics of effective implementation.

On January 19, 2021, under the chairmanship of the president of the Republic of Uzbekistan SHavkat Mirziyoyev, a video session was held on issues of radical improvement of the system of spiritual and educational affairs, strengthening the cooperation of state and public organizations in this regard. The president described the place of spirituality in society and human life in the video industry: "if the body of the life of society is the economy, its soul and soul are spirituality. As long as we have decided to build a new Uzbekistan, we will rely on two solid pillars. The first is a strong economy based on market principles. The second is the rich heritage of our ancestors and strong spirituality based on national values." [1, 1b] this definition is a definition that is necessary for every individual and every professional to know and has a deep essence and meaning.

The psyche of a person is also delicate and complex, covering multilateral phenomena. In order for a person to be spiritual, it must be properly formed the scientific, economic, political, legal, moral, aesthetic, religious, philosophical knowledge and national idea and ideology formed on the basis of our national-historical values, traditions and traditions, which are first of all our spiritual treasures. If there is

a deficit or flaw in any of these figures in human spirituality, there will be such a flaw in the human psyche and a flaw in spirituality. Therefore, in our nation it is justified that a person should be brought up from his early childhood to the end of his life.

The video, conducted by our president on the issues of "improving the system of spiritual and educational affairs", showed the problems of spirituality and the shortcomings in them and their solution, became a guide for all of us.

Because, especially in the era of modern globalization, in a time when different cultures collide with different opposing worldviews, spirituality – the knowledge of the psyche of a person, his self – realization, taste, ingenuity, decency with Justice, evil with good, ugliness with beauty, the ability to distinguish between restrained and ignorant, the ability to put high goals and ideas, serves to act and strive for their implementation.

Let us consider the educational influence of the neighborhood, mentioned by our president, which belongs only to our own nation, the real essence of the proverb "seven neighborhood bosses per child" is that the child of Uzbekistan does not remain unattended, thousands are responsible for his upbringing and control. In our nation, Hatto seven mahallani, even if he does not have a child, the elderly, who saw an alien child idling and walking a lot on the street, asked "Why Have you been walking since? Who are you looking for? Who are you? - those who asked questions and warned their parents by identifying and saying that their child was walking the streets for no reason.[2, 3b] the parent, who was certainly always at work, thanked the elderly, increased control over his child and prevented evils. We can see our national values as simple as this view itself is the most effective way to prevent infractions and crime between children. We now understand how much it is necessary to restore these values.

In order to preserve young people from various internet sites, where information technology is currently in full swing and harnesses various extremist, terrorist flows to cover their true purpose and add young people to their ranks, firstly, to teach the true nature of Islam, to explain that Islam is the religion of Science, and secondly, as our president shows in youth, "the ideology of When we say ideology, first of all, our understanding of the upbringing of thought, the upbringing of national and universal values. They should instill in us how many thousand years of our people are based on vital concepts and values." [3]

To do this, it is necessary that we first explain spiritual education to young families with a marriage plan in the "family centers". Our people have long known the family holy and constantly cherish it in their speeches on the issues of "improving the system of spiritual and educational work" on the abundance of divorce between young families. The stronger the family, the more stable the society.

"We must not forget one thing: peace and harmony in our apartments is directly related, first of all, to the healthy atmosphere in the family, to the preparation of our daughters on the verge of independent life for family marriage.

Unfortunately, as a result of our indifference and neglect of this important issue, in the past 11 months of this year, 25 thousand grants were recorded between young families. This negative state should seriously disturb and cause severe anxiety to all of us.

After all, think for yourself, 25 thousand points – if there are at least three members of each family, is it – not the fact that the life of 100 thousand people is ruined?! How many innocent children remain alive orphans as a result of this. How many people's fate will go out of your way and become a wanderer."they spoke with regret.[4, 3b] therefore, with young people on the verge of marriage, educational conversations should be conducted, of course, by psychologists, philosopher scientists, experienced fathers and mothers, such as "parental exhortations", "family horoscopes", "life lessons", "child family flower", "child-my future". In schools, according to the mental level of each class, worldview, psychology, etiquette, moral, national values, family values, Islamic spirituality, giving concepts to parents, teacher, elderly, family members, brothers, blood-relatives, neighbors, comrades, then as a continuation of it, the etiquette of learning, culture of treatment, speech, listening, eating, expressing their opinion, greeting, maintaining health, etc. spiritual qualities should be taught one by one deepening. Spiritual education is responsible for all times in an educational institution, it is not happy that I am not an expert in it, each teacher

of science using books on etiquette should be systematically carried out in his lesson, the head of the class in separate hours of spirituality, the organizer of school youth, the spiritual guide together, but spiritual education should not be Also, scientists, writers, science figures attached to schools should have their own educational plans separately, depending on the spiritual situation in the school, where the school is located.

In the mahallas, too, of course intellectuals attached to the neighborhood it is necessary to explain to young parents on the basis of evidence what conditions are being created for the upbringing of children, the role of the mother, the role of the father, the factors that currently negatively affect the upbringing of children, their types and risks, and, of course, In this propaganda, the documents of the law and law reflecting the essence of the state's youth policy, as well as the books "the story of humanity" by Toxir Malik, "The Happy Family" by Rahmat Sheikh Mukhammad Sadiq Mukhammadyusuf, "the family" by Fitrat serve as ready-made material. It should be carried in three directions times, complementing each other and without interruption "There will be no break in training." Only then does spiritual education give a good result, otherwise the upbringing becomes one-sided again.

Focusing on the issue of educating young people in the spirit of patriotism, national pride, for this, teaching history well, expanding scientific research in this direction: "it is necessary to create national history with a national spirit. Otherwise it will not have an educational effect. We need to train our youth to learn from history, draw conclusions, arm them with the science of history, historical thinking," said the head of our state.[5, 2b] as a conclusion, we can say that the responsibility to increase the prestige of our country in the world, to be aware of and support the internal and external activities of the country, not to be indifferent to the universal problems facing the peoples of the world, to realize the harmony of national and universal interests, to realize that man is

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