

SOCIO-PYEGAGOGICAL FACTORS OF THE FORMATION OF PHYSICAL CULTURE SKILLS IN STUDENTS

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Abstract: This article outlines the need for an integrated approach to teaching the harmonious generation. The article also describes how to integrate physical and spiritual-moral education in the personality of the student.

Keywords: education, upbringing, harmonious generation, integration, personality, physical education, spiritual and moral education, acting, morality and ethics, didactic principle.

The main goal of reforming, aimed at the development of a continuous education system in our republic, is to implement educational-productive integration. The need for the development of education in continuous cooperation with modern science and technology development, market economy and production is listed as one of the important tasks of the "National Training Program". Therefore, the effective use of integration in the development of education is becoming an urgent task.

Integration is the combination, transformation into a whole, rounding of some splitting or yelementling. The tushincha "integrasia" was eaten, annotated by Spencer in the XVIII Ars. We also looked at integration as a factor in the growth of thinking and tried to interpret it in the way of interdisciplinary communication and the synthesis of educational forms.

As a result of the development of the scientific, pedagogical foundations of the integration of subjects of physical education in one of the educational disciplines in the general secondary education system, the effectiveness of education is increased and the expenditure of excessive effort and tension is received. In addition to the scientific research of the professors and scientists of our country, foreign Yale scientists also conducted their own research on integration. "Is seen in the fanlaming convergence and correlation in integration - differentiation processes. The process of integration is manifested in a higher form of interdisciplinary connection " [4, 48].

The concept of "integration" means two when the implementation of the educational process is reached. First, it is to let schoolchildren perceive the surrounding world that surrounds us as a whole (integration takes the field as an educational goal); secondly, to bring the general aspects of knowledge about science closer (integration is considered as an educational tool).

Taking into account the above reasoning, the systematic linkage between the academic disciplines of integration opens the way for fanlaming to follow each other, to complement, to perfect. Integration can be evaluated as the source of finding a new proof that confirms or deepens the observations and conclusions of the reader in different disciplines. In this respect, we focus on ensuring the integration of physical and spiritual and moral education in the formation of the personality of the student in our study.

In each social system there are such concepts as badantarbia, talim-education, spiritual and Educational, which ensure the physical rise of a person, in connection with the change in the field of pedagogy in connection with the path of the development of society, the need for learning is reached.

Raising a spiritually-moral and physically harmonious generation - is considered an issue of not only national merit, but also of universal importance, it is a kind of yezgu goal for all peoples, born and raised in our multinational Homeland.

Sport is an important factor not only in the development of physical, but also in the development of spiritual and moral maturation. He refines the will, teaches you to strive for a clear

goal, overcome difficulties with endurance and endurance. In the soul of a person, victory fosters feelings of confidence, pride and pride. The First President Of Our Republic Was I.A. As Karimov noted, a people with healthy, educated and selfless children will certainly build their great future. Indeed " nothing can make mamalakat world famous as fast as sports". Sports educate a person to be brave, tenacious, resilient" [1,63].

The issue of raising a physically and morally harmonious generation in our country is a nationwide task for us, and the consistent and persevering continuation of what we are doing on the path of this yezgu goal is the focus of our policy today. It is also a clear proof of our opinion that 2010 is a "year of the perfect generation" for the purpose of educating and raising a healthy and spiritually rich, intellectually developed morally mature, physically strong generation, a person who has matured in every possible way, the demand for sports and the conditions being created.

Physical education occupies one of the main places in the development of the younger generation in every possible way: mental, spiritual-moral and physical. The importance of successfully solving the issue of spiritual-morally pure and mature human education, studying the historical traditions of our people, spiritual wealth, scientific heritage and historical-educational experiences of our ancestors left to us, applying the achievements of ulaming to life, educational work.

It is known that the thinking, lifestyle, physical culture, spiritual and moral views of any people or nation do not take shape in itself, in an empty space. Specific historical, natural and social factors underlie their occurrence and development.

Looking back on history, the activities of the great personality have reached a high level of meaning, not only by skillful organization, thoughtful erudition, but also by the ethics and manners of the ulama. Decency means self-esteem, not eating it at all. In particular, according to our national traditions, the perfection of a person is visible, first of all, in his spiritual and moral maturity, in his efforts to deeply study the heritage of ancestors and enrich it, to show greatness.

When a high culture eats, it is formed, develops and improves in the educational process. While one of the important stages of pedagogical education is physical education, in its content a solid place is occupied by various exercises, sports, trips, health-improving factors of nature (sun, water, air, hygienic requirements), action games. As previously noted, the natural actions of people are brought up through special physical exercises and games, serve to develop and improve the connection. In particular, physical conditions are considered to be important factors in the formation of human qualities, the progressive expansion of the world.

There are plenty of games to use in terms of content and purpose in the development of feelings such as awareness, vision, Yeshivat, reaching the senses. For example: in the moonlight at night, the game "White bone" was played mixed by young people and older people. In this case, it is required to Yeshivat the fall of a bone thrown far away with its own fist, to reach the feeling. Speed, legibility in finding and delivering bone to destination

In ensuring the integration of physical and spiritual and moral education in the formation of the personality of the student, together with physical education classes, the "etiquette" science, which is carried out in the elementary grades of general education schools, is also large. Each subject that is passed on in this discipline educates the younger generation faithful, such values as humility, decency, politeness, kindness, faithfulness, longing, patience, kindness, generosity, humanity, devotion to duty, love for work, which are considered criteria for spiritual education. In particular, the essence of the process of spiritual and moral education for students in the process of passing the topic "culture of treatment in Oriental Education" in this science is its theoretical foundations, content, forms and methods, information of Uzbek yetnopedagogy on this subject, the content of spiritual and moral education of our great ancestors with the interpretation of the work on national, attempts are also

made to convey to the minds of readers that our allomes have been embodied in the scrolls. These qualities have a high effect on the continuation of content in physical education classes.

In conclusion from the above points, it should be noted that in the formation of the personality of the student, we consider it advisable to carry out the following urgent task in ensuring the integration of physical and spiritual and moral education:

1. In-depth study and analysis of the process of ensuring the integration of physical and spiritual and moral education as a pedagogical problem in the upbringing of a harmonious generation.
2. The study of the muzmu and pedagogical-psychological characteristics of physical and spiritual-moral education of the student.
3. Identification of acceptable forms, methods and means of ensuring the integration of physical and spiritual and moral education in the formation of the personality of the student.
4. Development of principles, laws of ensuring the integration of physical and spiritual and moral education in the formation of the personality of the student.
5. The creation of spiritual and moral criteria for the selection of physical exercises that shape the personality of the perfect generation.
6. Development of a program for ensuring the integration of physical and spiritual and moral education in the formation of the personality of the student.
7. Creation of scientific and methodological recommendations on the identification of forms, methods and means of the formation of spiritual and moral qualities in students through physical education.

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