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Annotation. This article allows you to master professional pedagogical knowledge, skills and skills related to physical education and sports vocabulary. It forms the Professional Scientific and pedagogical and organizational skills necessary for future personnel in educational institutions, physical education and sports organizations.

Keywords: physical education, basketball, sports games, technique-technique, training-training.

Since the independence of Uzbekistan, the emphasis on physical education and Sports has increased. The number of decrees, government decisions of the first president of the Republic of Uzbekistan I.A. Karimov and the call “every result in sports is the best criterion for the health, power, greatness of the nation” radically changed the attitude towards physical education and sports among the population.

Among other sports, basketball's inclusion in the program of competitions such as” sprouts of Hope, harmonious generation”, Universiade " has led to an increase in the number of people involved in basketball.

The training of highly qualified specialists at the Uzbek State Institute of physical education is carried out according to the training plan on several pedagogical specialties. In particular, in preschool educational institutions, the physical education coach is a teacher of physical education in high schools and educational institutions, lyceums, colleges, institutes, universities, academies, an instructor of physical education and Professional Physical Training in the army, scientific research institutes, production facilities and other organizations, a teacher of physical education and Professional Physical Training in residential areas, treatment, household culture, recreation and other similar institutions,

The sport of basketball is included in the “physical education and sports” subject program of all educational institutions and is taught as the main department. It allows you to master professional pedagogical knowledge, skills and skills related to physical education and sports vocabulary. It forms the Professional Scientific and pedagogical and organizational skills necessary for future personnel in educational institutions, physical education and sports organizations.

These conceptual documents made it possible to carry out huge reforms in the field of physical education and sports, incomparable creative work. Over the past years, more and more modern sports facilities have been built in the regions of our country, even in remote villages and districts, and on this day they continue to function in the service of our children, our ring. From day to day, physical education and sports, including National Sports and national action games, are becoming our ring as national values, especially the Daily vital need of student-youth.

It should be noted that in addition to the development of physical education and mass sports, priority is also paid to the promotion of the "Senior" Sports position. From year to year, the holding of international and world-class prestigious competitions in our Republic takes place from the composition of traditional events. Uzbek athletes have achieved high results in Asian, World and Olympic competitions and have been glorifying the fame of our country in front of the world community.

Basketball, with its co-existence, camaraderie, beautiful game content, large-and small-Focus Attack and protective combinations, has been identified as the priority goal of the textbook, which

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presents the human being as a means of controversy, good health, physical and mental perfection in our country's Urban-Villages, neighborhood-and-neighborhood, weddings and celebrations.

Basketball – as an educational discipline, all educational institutions are included in the curriculum, introduced into the training-training process based on special planning documents in sports clubs, sports clubs that operate during the extracurricular and extracurricular periods.

At the same time, the need to train talented Sports Reserves and highly qualified, competitive athletes in basketball and further expand the geography of mass basketball, organize training and competitions on a scientific basis will focus on the importance of training specialists-personnel with high professional-pedagogical potential.

In addition to deep mastery of professional and pedagogical knowledge, skills and qualifications, each student who has mastered the profession of a teacher-coach in physical education and sports, who has been admitted to study in the direction of education of his choice, is formed as a person in accordance with the requirements of the laws of the Republic of Uzbekistan on education and the National, being able to take initiative and responsibility in complex situations, becoming a person with a broad worldview is established as a priority goal of the textbook presented.

Basketball has one of the important elements characteristic of all high – level teams that is how players get the simplest initial (fundamental) fundamentals of basketball techniques to perform correctly. Teams that achieve great success in games achieve it not at the expense of some particular attack, absolute protection or harassment, but solidarity, teamwork at the expense of the players' ability to perform the necessary technical elements at the right time. Thus, every coach who wants to improve the quality of the game of his team, first of all, has to focus on how his team can handle the simplest (fundamental) elements of basketball-ball passes, ball carries, ball hooks, ball throws.

It is written with the intention of providing coaches with instructional resources to improve the fundamental foundations of basketball for competitions at all levels. To the coach, who is just starting his coaching career, this book offers the batavsil information on basketball techniques for all age groups, as well as information on coaching, how to organize a rational and effective training, how to prepare the team for competitions. An experienced trainer will be helped by this book to give a new way in teaching a previously familiar fundamental element, or to look for a new approach to communicating the importance and necessity of a particular technical element to the team.

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