

**PSYCHOLOGICAL APPROACH TO DETERMINING CHILDREN'S TALENT**

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**Abstract:** As we all know, our future is in the hands of the young generation. Today, not only parents, but everyone in our society is equally responsible for improving children's talents and abilities. A country whose children are knowledgeable, talented, and have high potential always achieves high goals. In today's article, we will consider how effective the psychological approach is in improving children's talent and their cognitive potential.

**Key words:** Psychologist, talent, knowledge, environment, game, work, ability, actual, potential.

Talent is a quality of the human psyche that develops systematically throughout life and is determined by the fact that a person has the ability to achieve higher results in one or more areas compared to other people.

In the psychological dictionary, the concept of "talent" is defined as follows:

1) talent is a unique combination of abilities that ensures the successful implementation of activities;

2) talent is general abilities that determine the scope of a person's capabilities, level of activity and uniqueness;

3) talent is a whole individual characteristic of mental potential, learning ability and cognitive abilities;

4) talent is abilities bestowed by nature, the uniqueness of the natural foundations of abilities and the levels of their manifestation;[1]

Based on these definitions, it can be noted that talent defines a person's knowledge potential, brings out the ability given to him by nature, brings him to a high level in a field (for example: education, sports, social, professional). ability.

People with general abilities have high potential and easily solve any problem or problem positively. Those with special abilities show their talents in the activities of this field (for example: mathematics, music, sports). Gifted children are children who combine both general and special abilities. It is necessary to encourage such children by increasing their talent. Gifted children differ from other children in the following aspects:

- curiosity;
- traceability;
- hard work;
- looking for answers to many questions;
- knowledge thinking;
- his interest in mathematics, drawing, music, and reading from an early age.

From a psychological point of view, general and special abilities depend on important features, taking into account age periods. Early Childhood Periods Preschool and junior school age children develop general abilities. They are interested in everything and repeat it. As they grow up, this

"general ability" forms a special ability and determines a certain direction. During this period, we should pay attention to the extent to which the child's talent is manifested. A clearly manifested ability, that is, paid attention to by psychologists, pedagogues, and parents, is called "actual" ability, and an ability that is not noticed by others is called "potential" ability. Many famous people, scientists, mathematicians, artists (for example: F. Galton, K. Gauss, N. Winner, W. Hugo) showed their abilities in childhood. Or, on the contrary, children who have no talent in childhood can achieve success in adulthood. This is due to the fact that their hidden abilities were ignored by those around them in childhood.

What qualities and character traits of a person, qualities in behavior and activity help adults to determine whether a child can become a great scientist, artist or statesman in the future. It is somewhat difficult to find an answer to this question. Psychologists have identified a number of laws that allow them to "predict" a child's future, but they have not yet succeeded in making reliable predictions. At the same time, the experience in the field of world pedagogy and psychology shows that confidence in the child's capabilities, orientation to the skills of pedagogues and parents can work wonders. In some cases, in life, it is more important than the ability given to a person by nature, how he was able to develop this characteristic.[2]

Parents and teachers who have noticed a child's talent should not ignore such a child. Because this will greatly affect his future. A child whose talent is not developed begins to lose interest, like other children, he is given to play and wastes time, which is a detriment to our society.

Gifted children are usually expected to do more than other children. At this time, gifted children have disagreements with their peers, when moving from elementary school to high school, other children isolate them and give them different nicknames. they do not want to show that they know a lot. And in the middle grades, they don't want someone else to manage the tasks they know and can do easily

### Summary

In order to improve children's abilities, to raise their knowledge potential to a high level, we need to be interested in what they are interested in, what kind of activities they like. We need to support them in any situation and teach them what they don't know. What is required from parents and teachers is not to neglect the child. Talented children are people who can contribute to the development of our society and prosperity of our country.

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