

THE IMPORTANCE OF ETHICAL AND MORAL EDUCATION IN PREPARING
YOUNG GIRLS FOR FAMILY LIFE

Vakhobova Nasibakhon Abdulhamidovna

Teacher at Namangan State University, Uzbekistan

Annotation: *It is emphasized how important it is for girls to be prepared for family life by the upbringing they receive in their families and in various aspects of social life, as well as the importance of preparing girls for family life, emphasizing qualities such as honesty, humility, kindness, love, hard work, and the ability to maintain family harmony. It is also highlighted the need to instill a dislike for traits such as lying, laziness, selfishness, betrayal.*

Keywords: *Family, upbringing, social environment, aesthetics, imagination, etiquette, moral education, values. Moral norms, traditions and customs, honesty, humility, kindness, love, hard work, ability to maintain family harmony. Lying, laziness, selfishness, betrayal. Trustworthiness, sincerity.*

It is known to us that ethical education is one of the oldest processes of human activity. A person engages in activities to satisfy their material and spiritual needs, and in daily life, they widely benefit from moral norms. Cultural traditions play a very important role, especially in the upbringing of girls.

Our cultural traditions are also preserved through education. It is possible to observe traditions in every aspect of our lives. Traditions and values form the moral and ethical foundation of a person. From the history of Eastern philosophy, there are many valuable insights and discussions about education, manners, and ethics. Eastern philosophy and Islamic education have emphasized virtues such as compassion, kindness, decency, and humanity. Humanity - showing compassion and kindness to others, doing good deeds, understanding human relations - is a virtue that is demanded. The educational importance of cultural traditions is significant. According to our ancient traditions, especially in Uzbek families with many children, children are raised with hard work from a young age. In the family, they help their grandparents and parents by providing assistance and working independently without being spoiled. The ancient Greek philosophers Aristotle and Plato advocated for society to take responsibility for the upbringing of children by fulfilling all necessary tasks in the upbringing process on behalf of society. They tried to prove that their ideas were related to the benefits of society through child rearing.

Therefore, they concluded that it is necessary for society to be engaged mainly through child rearing activities with an emphasis on raising girls. They paid great attention to the role of family education.

Continuing with the above idea: "A person not only supports himself through hard work but also loves his homeland and country through labor." Each individual should instill noble values such as diligence, ethical maturity, enriching his views with our national values when raising not only himself but also his children.

The views on educational upbringing expressed by Eastern thinkers are shaped within Islamic ideology.

The general human concepts reflected in Eastern thinkers' creativity are harmonious with Islamic spirituality.

In this regard I want to share an event that happened in our daily life: My neighbor's daughter who grew up beautifully with good moral training was accepted into Namangan State University as a student within a week after her wedding ceremony.

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After a week had passed since her wedding ceremony I met my neighbor's daughter-in-law at home.

I said: "Congratulations! Our student was very beautiful during the wedding ceremony; she was a fortunate girl," she started talking: "Hey auntie! My bridegroom has been so wise since he was little; he sat me down before entering my room on the day of our wedding ceremony and gave me wonderful advice: 'My dear guest! First things first; welcome to our house; you are not just a guest at our home but rather without you we would be guests at your home now; you have captured my heart entirely from now on I will turn my face towards you instead of turning away from you; I am responsible for satisfying all your material and spiritual needs as much as possible even though I am Muslim; however I accept you as half of my body physically; it is necessary for me to emphasize some peculiarities about our family's traditions which means that there are my parents-in-law two brothers-in-law me you will live together henceforth along with us three sisters-in-law we wish you well in future.'"

For the first time in our lives, let me firmly emphasize that no matter what happens in the future, never disrespect any of my family members: neither my father, nor my mother, nor my brothers and sisters. Treat my mother as your own mother, and my siblings as your own siblings. Until you come to our house, you have never stepped foot from our neighborhood, after which you must act sincerely to strengthen these relationships," she said. This student who received good moral education in the family took her husband's advice to heart like a sponge. It has been almost five years since this conversation with the bride took place. Our bride had two children and lived very happily; within five years she did not even once show disrespect by not visiting her home even one more time, I do not know the reason for this, but it may be due to the wisdom of the husband and the fact that the well-bred girl accepted his advice and respected our values.

The great scholar and thinker Abu Rayhan Al-Biruni connects human moral virtues and general ethical concepts with human nature. And human nature is shaped within the family. Therefore, he considered parents' influence on preparing girls for the family as particularly important.

Biruni raises the issue of physical cleanliness and mental purity in families. If there is cleanliness, purity, and orderliness in a family, there will also be spiritual purity there. He does not limit his idea to just keeping oneself clean but calls for taking many actions.

Alisher Navoi also attached great importance to moral and ethical issues in his works; his humanitarian ideals were elevated. The great poet said: "A person with good morals is good for all people and profitable for all people."

The science of pedagogy considers upbringing and education as important factors in preparing girls for family life. According to research results related to pedagogy and psychology, adolescence is the most crucial stage in girls' spiritual formation. At this stage of education aimed at achieving a specific goal affects a person's moral qualities are shaped. A student who has acquired an ethical upbringing from an early age will act based on ethical norms when interacting with others around them and develop morally sound behavior patterns over time. Therefore, providing girls with ethical education from a young age is of utmost importance. In family upbringing negative attitudes can lead to situations where:

- Girls do not receive positive attention from adults;
- There is no desire among parents to communicate with growing girls;
- Lack of mutual understanding between mothers and daughters;
- Lack of appreciation for maternal love;
- Low educational levels and cultural standards among mothers within families;

- Good customs, traditions are absent within families leading to negative behaviors being tolerated;
- Various social factors causing isolation within families leading to deviation from social norms.

These reasons actually apply to all boys and girls of any age, including girls who are preparing for a new family life. Therefore, the moral environment, the influence of parents' demands on the family, their authority, influence power, the perspective of family members in their relationships, as well as the importance of their rights and responsibilities are important for every parent. "Every parent must teach their children high moral qualities." However, high moral qualities do not exclude aesthetic culture. The initial stages of aesthetic culture emphasize shaping aesthetic concepts in children's families. In families, national values play a role in shaping moral and aesthetic concepts in children's education. Pedagogue M.Inomova emphasizes that parents should teach children the difference between good and bad behavior in the manners they provide to their children.

The development of aesthetic concepts in girls in the family is part of an overall process - their interest in clothing aesthetics, questions about it, their answers to questions, elements of clothing design in some examples of visual activities indicate that they are moving away from national customs and traditions. Some stages of shaping moral and aesthetic concepts in girls within families pass quietly, and its result is not always visible as a result of purposeful activities. For example, a 4-5 year old girl recites poetry or sings her own song or performs a role from a movie when entering an image. In fact these "skills" were not specifically taught by parents. They are acquired traits from those around them while watching TV shows or observing adults in the family. In some cases acquired traits may not be entirely appropriate for a girl's age. For example, she sings a song with lyrics like "I can't sleep without seeing you" or imitates a part of a movie with war or erotic content. This creates an incorrect aesthetic process for the child. In this regard, parental cultural background plays an important role.

The spiritual world of the family has an indirect impact on social progress and contributes to it even though it is itself part of social progress.

Just as each person has unique secrets, each family has its own secret as well. As we prepare girls for Family Life these things deserve special attention.

The wife should learn how to keep her husband's secrets along with her own honor.

Sometimes when I look out at my yard I see my neighbor's wife talking to my daughter-in-law after going outside to sweep up leaves she begins talking with my daughter-in-law on endearing topics.

The conversation continues long into the distance.

I may not know what they're talking about (you might know) but when someone talks too much about something you like them exactly.

The neighbor's wife listens with interest to my daughter-in-law when she hears something interesting... she tells her mother-in-law about it.

Then this conversation returns to me - mother-in-law.

Is it true?

Talking about personal topics such as son-in-laws that your daughter-in-law doesn't know about can be like pouring water into sand; it will not disappear but will flow down like water through sand right? Lies gossip accusations are water that drains life out.

It is possible that a bride does not realize that some conversations are family secrets.

For instance: The chairs don't fit where I want them due to coming guests.

Bride doesn't know why that is happening

This could be easily explained if as soon as something was said between mother-in-law and daughter-in-law it was then mentioned openly.

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In conclusion: The bride should understand that some conversations belong only within families... otherwise these conversations will continue circling back resulting what was said being repeated over and over again until everyone knows about it.

As we prepare girls for Family Life these things deserve special attention

There is an article in our society that says "Do not reveal your secrets to your wife." There are also men who follow this advice. They generally do not reveal their secrets to their wives. However, it is important not to misunderstand the meaning of this article as meaning to keep the wife completely in the dark and not trust her at all. There is a hidden meaning in the article: a husband should not burden his wife with any worries, especially if those worries are negative. It makes sense for a husband not to tell his wife about a bad worry that has befallen him. If it is necessary to involve the wife in overcoming this worry, then it can be discussed. If not, there is no need to share it and burden her.

The story of Lut's wife, as told in the article, illustrates the importance of keeping secrets within a marriage. Lut's wife betrayed their secret by gossiping with guests who had come to their home, leading to a tragic outcome where they were punished by God for her actions. This story highlights the consequences of revealing secrets and betraying trust within a relationship.

In Islam, it is emphasized that one should be cautious about revealing secrets and betraying trust, as this can lead to negative consequences and harm relationships. It is important for individuals to respect each other's privacy and keep confidential matters within the family.

In conclusion, it is important for both husbands and wives to understand the value of keeping secrets within their marriage and not betraying each other's trust. This mutual respect and understanding are essential for a strong and healthy relationship.

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