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Annotation: To find an answer to this question depends on understanding the nature of human psychic development. One of these points of view mentions the invariability of the age period. This perception of age is closely related to the understanding of mental development as a natural biological process. One of the opposite points of view rejects the concept of age altogether.

Key words: age period, ontogenetic, acceleration, biological, social, puberty and sexual maturation.

What are the stratification of youth and youth crises? I will start with a question.

In such cases, development is considered to consist only of knowledge and skills. Each age period is a special stage of mental development and is characterized by a set of changes that form a set of peculiarities in the personality structure at a certain stage of the child's development. L. S. Vygotsky considered age as a specific period of development. According to him, when one age period passes to another, a new thing is formed that did not exist before in the age period, the course of development changes and it is rebuilt. Age characteristics are determined by a set of many conditions. They include the system of demands placed on a child at a certain stage of life, relationships, the type of activities and knowledge he acquires, and the directions of mastering this knowledge. We can also include the characteristics of various aspects of the child's physical development in the content of the conditions that determine the characteristics of age.

Thus, the age period is characterized by the characteristics of the requirements placed on the child in a certain period of life and development and his relations with others, the level of development in the psychological structure of the child's personality, the level of development of his thinking and knowledge, and a set of certain physiological characteristics.

The relationship between the level of development of attitudes towards others and the level of development of knowledge, methods, and abilities defines the age period. D. B. Elkonin stated that the change of the relationship between these 2 different sides of the development process can form an important internal basis in the next young age. For example, during infancy, the child's relationship with the external environment is carried out through his relationship with adults. A child can acquire certain skills as a system of relationships. It develops simple stages of imagination. Methods of communication with adults expand, speech develops, etc. All this serves as a basis for expanding the child's opportunities for independent action. Then the ways of relating to others will also change. This changes the conditions of the further progress of psychic development. This situation also occurs during adolescence. In this case, the set of previous developmental achievements and the change in the child's life conditions can lead to a change in the way the child interacts with others.

Psychologists have developed theoretical issues of stratification of young people. They make a great contribution to the illumination of ontogenetic laws, and are widely used in solving practical and theoretical problems.

In the following years, the process of acceleration (Latin - "acceleration") is taking place in the physical and mental development of children and schoolchildren.

Scientists show both biological and social reasons for the phenomenon of acceleration.

1. Biological causes are the effects of small amounts of ionized rays and radio waves, growth and development in agriculture and medicine, the use of stimulating biologically active substances, the increase in the amount of animal proteins in human food.

2. Social reasons - increase in the type of life, increase in the tone of life, the influence of a large amount of information and the flow of information, which is collected in the child's brain from the time of adolescence through television, radio, cinema.

Until now, there is no scientific theory about the acceleration of puberty and sexual maturation. Therefore, no specific theory has been created regarding growth acceleration, i.e. acceleration. For this reason, a number of theories and viewpoints with different scientific bases and objections began to appear. Here are the views on the problem of acceleration listed by psychologist E.G. Goziyev:

Heliogenic theory. This theory was created by foreign scientists in 1936, and its main essence is the hypothesis that the phenomenon of acceleration occurs under the direct influence of sunlight. According to the supporters of this hypothesis, as a result of children spending a lot of time in the sun, their growth accelerates, that is, acceleration, because sunlight provides the body with necessary elements, substances, and nutrients. However, at the present time, the phenomenon of acceleration is happening both in the southern (sunny) countries and in the countries located in the northern geographical latitude.

On the other hand, it is observed that girls and boys in the urban environment grow up faster than rural children, although rural people are exposed to sunlight more. So, in the current era, the geologic theory is the basis of conflicts. In general, it is wrong to say that basking in the sun is one of the important aspects of the acceleration process.

The theory of heterosis. From the end of the 19th century to the beginning of the 20th century, drastic changes in social life and life caused a sharp decrease in social, religious, national, and racial differences between people. A vivid example of this is the fact that representatives of different nationalities started to enter into mixed marriages. Religious beliefs, racial differences, ethnic and national characteristics, character, traditions and customs did not cause any obstacles to mixed marriage. The lifestyles of the peoples of different countries could not stop mixed marriages. According to this theory, reconstructions in the psychic world are the reason for drastic changes in genetic characteristics, as a result of which there is a phenomenon of strengthening, acceleration, and acceleration in the growth of children. However, the above-mentioned factors are not enough to justify this problem scientifically.

Urbanization theory. The basis of this theory is the increasing role of cities in the development of society. From the middle of the 19th century, the migration of the rural population to the city intensified, that is, the phenomenon of migration or urbanization occurred among the population. Factors such as the way of life of the city, its specific features, the breadth of information networks, the level of culture, science and technology, transport, and household services create the necessary conditions for children's intellectual, moral, and sexual maturation. Convergence of the living environment and living conditions of rural residents and urban residents had a positive effect on the acceleration process, but this factor alone cannot be the reason for the acceleration.

Nutritional theory. The essence of this idea is that the acceleration in growth was caused by the improvement of people's nutrition and the excessive increase in the amount of drugs in the consumed food.

Age characteristics exist as the most typical and characteristic characteristics of age and show the general direction of their formation. According to the representatives of this idea, the main reason for the appearance of this condition is the fact that people consume more V-6, V-12 drugs and folic acid. Naturally, it is possible that drugs have a certain positive effect on the acceleration of human growth, but these factors alone are important and cannot be the only factor for acceleration. Therefore, some medical workers, hygienists, biologists, physiologists and psychologists support this theory.

Radiation theory. According to the proponents of this theory, the increase in the number of X-ray devices on earth, the explosion of atomic, hydrogen and neutron bombs will lead to a significant increase in the level of radioactive substances and radiation in humans. Irradiation of the human body with the charges spread over the globe increases, that is, the acceleration process occurs.

For this reason, the defenders of this theory believe that the exact dose of rays with different characteristics affects the body, if its spread does not cause decay, it creates an opportunity for the acceleration of the physical growth of a person. It is known from medicine that excessive use of X-rays is also harmful for the body.

Based on this reasoning, it can be concluded that the development of some parts of the body is related to the rays. In some scientific sources, information is given that both the oil of the apparatus used for welding and the light emitted by lightning have a positive effect on the body. But when the problem is interpreted logically, such factors can play a role like a particle for the acceleration to occur in the literal sense. If we take each aspect into account, we can see that many factors are necessary for the development of a person.

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