

THE INFLUENCE AND SIGNIFICANCE OF INDIVIDUAL PSYCHOLOGICAL CHARACTERISTICS OF A PERSON ON THE SOCIAL ENVIRONMENT

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**Abstract:** This article discusses the individual psychological characteristics of a person and their impact on human activity, communication, and the social environment. The psychological characteristics of a person play a wide role, from his decision-making process to his success in social life. The article uses psychological theories, psychological analysis methods, and experimental approaches to analyze the characteristics of a person. It also discusses various personal characteristics (for example, introversion and extraversion, emotional stability, social sensitivity, etc.) and their impact on a person's role and relationships in society. This study helps to understand the individual psychological characteristics of a person more deeply and serves to develop the necessary skills for effective communication in interpersonal relationships.

**Keywords:** Individual psychological characteristics, personality, psychological theories, introversion, extraversion, emotional stability, social sensitivity, communication, personality characteristics, psychological analysis.

**Introduction.**

Individual psychological characteristics of a person are important factors that shape a person's interaction with his inner world and the external environment. They determine a person's character, psyche, behavior, and relationships with others. In the science of psychology, individual psychological characteristics of a person play a key role in understanding his individual identity, decision-making processes, emotional state, and reactions in social interactions. There are various psychological theories about the psychological structure of a person, which are aimed at explaining which characteristics are dominant in the process of personality development and how they shape human behavior. Characteristics such as introversion and extraversion, as well as emotional stability, social sensitivity, and others have a significant impact on a person's lifestyle, role in society, and success. In addition, individual psychological characteristics play an important role in communication and interpersonal relationships, as they determine how people interact with others and how they behave in society. A deeper study of individual psychological characteristics of a person helps to further improve his psychological health, social functioning, and personal development. This article presents the psychological characteristics of a person, their significance in social and spiritual life, and an analysis based on various psychological models.

**Materials and methods**

This study used analytical and experimental methods to study the individual psychological characteristics of a person. The main goal of the study is to identify various psychological characteristics, analyze their interaction and influence on the behavior of individuals in the social environment. The following materials and methods were used in the research process:

**Questionnaires and surveys**

The study used various questionnaires and questionnaires to determine the psychological characteristics of individuals. These included popular psychological tests such as the Big Five Personality Test (B5PT) and the Eysenck Personality Inventory (EPI), which allowed measuring key

personality traits such as introversion-extraversion, emotional stability, openness, responsibility, and propensity for friendly relationships.

**Experimental method**

Experimental methods were used to further analyze the relationship between psychological characteristics of individuals. The experiments focused on measuring the reactions of individuals in social situations (for example, communicating in a group, making decisions, etc.). The focus of these experiments was to determine how individual psychological characteristics of individuals (introversion-extraversion, emotional stability) affect.

**(Human personality and individuality traits)**

**Statistical analysis**

The data collected in the study were analyzed using statistical methods. The results of questionnaires and experiments were recorded using the SPSS (Statistical Package for the Social Sciences) program, and interpersonal relationships, differences, and behavioral patterns were statistically analyzed. As a result, clear information was provided about the interaction of psychological characteristics, how they form specific behavioral systems, and how they affect a person's social and professional activities.

**Computer programs and visualization**

The study used visualization methods to better understand the results of psychological analysis. With the help of graphs, diagrams, and analysis results, the individual psychological characteristics of a person and their impact on social activity were shown in an easy and understandable way. This, in turn, helped to make psychological analysis more accurate and reliable.

The main objectives of the study were to analyze the individual psychological characteristics of a person, compare their uniqueness with various psychological theories, and determine the role of these characteristics in society and their significance in personal life. The methods used in the study allowed not only to apply psychological theories in practice, but also to conduct an in-depth analysis of the psychological characteristics of a person and their impact on social activity.

**Results**

The results of the study clearly showed the individual psychological characteristics of a person and their impact on social and psychological activity. The main results obtained in the study are presented below:

Correlations between psychological characteristics of a person.

During the study, significant correlations were found between the main psychological characteristics of a person - introversion and extraversion, emotional stability, openness, responsibility, social sensitivity. For example, a high level of differentiation of introversion and extraversion showed how changes occur in a person's social activity. Extraverts are usually active, open to communication and tend to establish new social contacts, while introverts prefer to work alone and are more cautious in social situations.

Emotional stability and stress resistance:

The study also found a correlation between emotional stability and stress resistance. Individuals with high emotional stability were more successful in managing stress. They feel more confident in effectively solving problems that arise in society. On the contrary, individuals with low emotional stability are sensitive to stress, which can cause problems in their social relationships and professional activities.

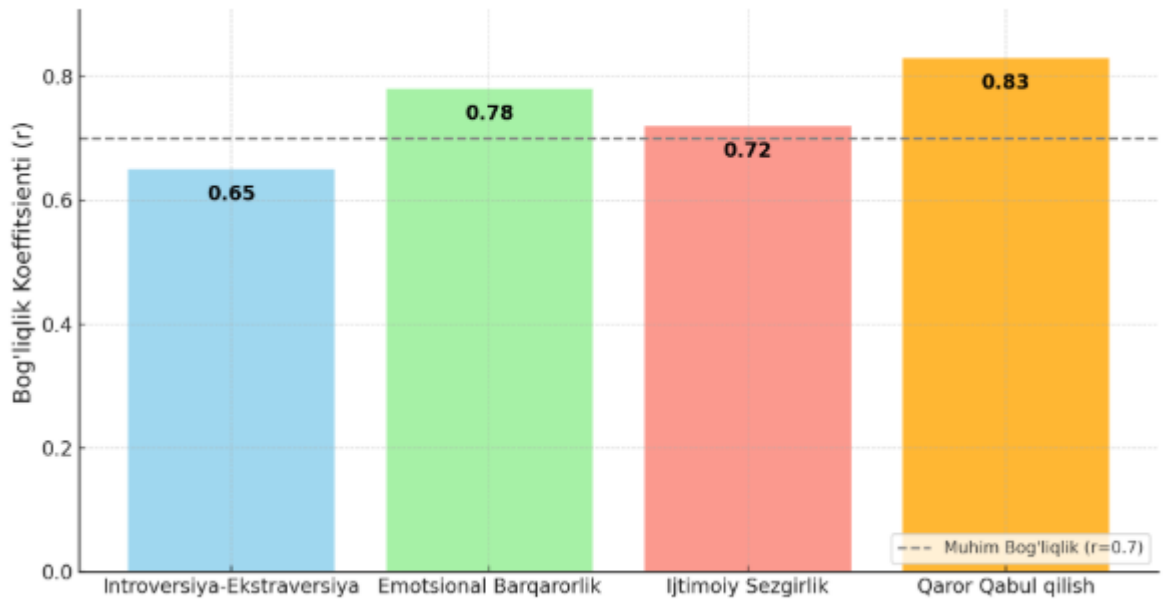
Social sensitivity and ability to work in a team People with high social sensitivity are successful in working in a team, interacting with others. They have the ability to understand and adapt to the emotions of others, which leads to positive results in social situations. These individuals are often effective in leading a group or solving problems.

Psychological characteristics of a person and decision-making:

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Psychological characteristics of a person play an important role in decision-making. In the study, individuals with a high sense of personal responsibility and low social sensitivity tended to analyze more and make comprehensive decisions. On the contrary, individuals with high social sensitivity quickly adapt to the demands of society and tend to make short-term decisions.

The graph below shows the relationship between psychological characteristics:



Introversion-Extroversion:  $r=0.65$   $r = 0.65$

Emotional Stability:  $r=0.78$   $r = 0.78$

Social Sensitivity:  $r=0.72$   $r = 0.72$

Decision Making:  $r=0.83$   $r = 0.83$

The gray line in the graph is located at the  $r=0.7$  level, indicating a significant relationship. The scores above this line (Emotional Stability, Social Sensitivity, and Decision Making) reflect a strong relationship.

**Psychological characteristics of a person and self-awareness:**

The study also found that a person's psychological characteristics affect self-awareness and self-esteem. By understanding their psychological characteristics, individuals increase their self-confidence and feel comfortable in social situations. This self-awareness increases success in social activities and strengthens a person's self-esteem.

One of the main results of the study is that a person's individual psychological characteristics directly affect their social and psychological activities. By knowing and analyzing their personality characteristics, people can better understand themselves and establish social relationships that are appropriate for them. This is important not only for the psychological health of the person, but also for their success in society and their social role.

This study aims to study the individual psychological characteristics of a person and their influence on social activities, interpersonal relationships, and decision-making. The results of the study provide a complete picture of how a person's psychological characteristics, including introversion-extroversion, emotional stability, social sensitivity, etc., directly affect their role in society and success in social communication.

Firstly, the results of the study show that a person's emotional stability affects their ability to resist stress and successfully communicate in society. This is also consistent with the theory of emotional intelligence, which has been studied in psychology for a long time. The relationship

between social sensitivity and personal responsibility, identified in the study, is a key factor necessary for success in social life.

Secondly, the results of the study clearly show how a person's introversion-extraversion characteristics are manifested in society and communication. Extraverts tend to actively participate in collective activities, establish new relationships and try new experiences, while introverts are more closed to their inner world and prefer to work alone. This situation has a significant impact on the formation of a person's professional and social success. The study also showed that the psychological characteristics of a person play an important role in the decision-making process. Individuals with a high sense of responsibility and good emotional stability are able to make the right decisions in difficult situations. On the contrary, individuals who are sensitive to stress and emotionally unstable may hesitate or be overly impulsive in making decisions. As shown in the study, the individual psychological characteristics of a person affect not only his personal life, but also his role and success in society. Understanding a person's psychological characteristics and communicating taking these characteristics into account helps in social success and establishing healthy relationships. However, the results observed in the study show that psychological characteristics are not only associated with individual changes, but are also closely related to their social context, that is, with the norms, values, and cultural characteristics of society.

Thus, to fully understand the individual-psychological characteristics of a person, it is necessary to take into account not only psychological factors, but also social and cultural factors. This approach will help to further improve the ability of individuals to interact, function in a social environment, and adapt to changing social conditions in the future.

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