

**PSYCHOLOGICAL BASIS OF THE DEVELOPMENT OF PERSONALITY OF
CYBRICITY**

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Annotation. *The article describes the psychological and social definitions of arrogance and the effects of the social environment (upbringing, errors in interpersonal relationships, the formation of aggressive behavior in the individual as a result of dissatisfaction with needs) that lead to the formation of arrogance in the individual. At the same time, psychological correction recommendations for overcoming arrogance in the individual are presented.*

Keywords: *Pride, arrogance, arrogance, pride, social rejection, peace of mind, worthlessness, dignity - precious, humanity, personal perfection.*

Psychologists believe that arrogance is always associated with consumption. An arrogant person is one who expects constant praise, special treatment, and recognition from others. In communication, a person's credo is "we are for each other". The following words may fit the motto of a proud man: "you are for me." A proud person always wants to feel in a leadership position. These people are distinguished from others by their constant tendency to teach and teach others, as well as to comment. Such people shamelessly make choices for others because they see themselves as experts in all areas of life. However, psychological arrogance is a carefully constructed defensive response throughout life. An arrogant person protects himself from a sense of worthlessness through such behavior. He deliberately chooses the type of behavior that will make his presence more comfortable. Pride makes it easier for a person to control the world around them. While pride protects one's dignity, this type of psychological defense is essential for people who have experienced severe humiliation or embarrassment.

Thus, a proud person is not someone who tries to imitate others. At the same time, these types of people are more prone to hatred than others. With their sense of arrogance, they always undermine the pride and dignity of the interlocutor. An arrogant person is one who constantly alienates others from himself because he sprinkles coldness in communication with his actions. It is important for such a person to be able to accept their own shortcomings and learn to respect people. He must have the ability to feel his own worth, as well as to value others. From the vertical relationship of the proud man with the world he occupies at the top, he must gradually move to the horizontal, where the connection is made on an equal footing. We will make a psychological analysis of the causes of arrogance in a person. In fact, pride is the opposite of insignificance. In other words, it is the opposite of low self-esteem. The behavior of a proud person cannot lead to anything too good. Often arrogance can be the result of improper upbringing. This happens when parents tell their child from an early age, "You are the best, the smartest, the most beautiful, you are better than others." This is reflected in the child's self-esteem when the parent's words are utterly false.

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They are in no way supported by his actions. In other words, the child does almost no good, expends no effort, but at the same time is always praiseworthy. Pride is formed when a child receives an unworthy reward. There is another case of the formation of arrogance. If a person does not know how to work with his dignity, if he cannot accept his shortcomings, if he treats them correctly and gradually eliminates them, he will become proud. People who are not mentally calm try different ways to make up for their mental suffering at the expense of others. Pride often arises when a person feels the pressure of his psychological problem, but he tries to keep that pressure with all his might. Anecdotes for wealth show that arrogance is an old problem in the human world.

If a person remembers who he was recently and what he did, but begins to feel ashamed of his past, trying to forget it, it means that he is facing psychological difficulties. What makes a person proud? Pride is a personality trait a tendency to put oneself above everything else, to show indifference or disrespect to the opinions of others, to ridicule them, to express hatred towards people verbally or non-verbally. To overcome pride, you need to cultivate humility in yourself, the understanding that there is no limit to perfection, the ability to acknowledge your own imperfections, and the ability to adapt to circumstances. It is not a philosophy of slavery or cultivating self-denial. Although, unfortunately, many people understand the term humility and define it with patience. In fact, it is a certain wisdom to deny that no one is perfect: neither we nor the whole world. This is humility in that everything is not subject to man: we have not been given the opportunity to change the structure of the world and the consciousness of humanity in the broadest sense of the word.

There are some objective things, laws, as well as other people's subjective opinions. This needs to be taken into account, i.e. within the framework of this concept you need to tolerate, take into account and correct your behavior. It involuntarily offers the second element of getting rid of pride: getting rid of unhealthy selfishness, developing a decent attitude towards people. Also, it's not about altruism, it's about the golden mean if you do something for the benefit of yourself and society at the same time. Without self-control, you cannot change your thinking and behavior. First of all, set a main goal: for what you want to get rid of pride. "Because it's a sin and bad" doesn't work. Write on a piece of paper what kind of pride you have been deprived of and what you can have (what abilities, status, what kind of people) you can have by getting rid of it. Emphasize the main goal, for example, "get rid of pride and build a relationship with the one I love because I want to be with him". It is also important to learn how to approach people for advice and take an interest in their opinions.

Exercise One: Ask to do your portrait. Since you are proud, it is better not to give up this task to do it independently for now. But outsiders will honestly and perhaps adequately describe your strengths and weaknesses. Take this portrait without any evidence. Moreover, the plan is individual: what is written in a negative way - we remove it, what is written in a positive way we return, develop, absorb. Regularly ask their opinion and what others do listen to what he has to say. You need to understand that everyone is an individual and interesting person with their own rights and beliefs. A good exercise is to watch movies with this next discussion. You can discuss it with your friends or repeat the story on behalf of different heroes. Activate your inner potential by using your inner potential to overcome the existing arrogance in you. Do something every day that is less than your worth (as you might think). Just please don't overdo it, you don't need real humiliation. Your goal is to turn pride into pride and not completely destroy your self-worth.

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