

**THE IMPACT OF SOCIAL NETWORKS ON THE CHANGE IN THE SPIRITUAL
IMAGE OF YOUNG PEOPLE**

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Abstract: *Since social networks have become a powerful weapon of information today, they have become an important factor in the promotion and propaganda of ideological and ideological threats around the world. With the help of social networks, special attention is paid to the influence on the soul, consciousness and psyche of young people. As a result of this, the spirituality of young people leads to disarray. Therefore, we should not ignore the escalation of various ideological, ideological and information attacks. Only then, in the future, we will achieve the upbringing of a spiritually harmonious person, a healthy generation. In this article, opinions and comments are made about the impact of social networks on the change in the spiritual image of young people.*

Keywords: *Information, global, ideology, internet, spiritual threat, social network, virtual communication, modernization, spirituality, innovation.*

Introduction: To date, the fact that in the social network of the internet system the number of pages that "promote" spiritual, moral nobility exceeds several hundred million is more alarming for mankind. A person can be deceived by all sorts of moral threats, if he does not have an independent opinion, Life-national values that have passed the test of times, a worldview formed on a healthy basis and a strong will. It is necessary to know that what is taken from the social network of the Internet system is correct, reliable and harmless. It is serious concern that young people who have not noticed the good and the bad perceive any information-messages distributed through social networks as reality. They are trying to break the peace of the citizens and bring out a dispute among the people, escalating crimes such as corruption in the youth, unjust bloodshed of innocent people with merciless goals. It should always be borne in mind that young people entering the world of the Internet without Borders are time, life expectancy.

Today, more than 90% of the world's population has access to social networks. The number of users is also increasing from year to year. According to the calculations of specialists, the minimum time that people spend on the social network is 3 hours. At first glance it seems that there is nothing to worry a person. Of course, one cannot deny the positive aspects of these communication processes. However, in social networks it is possible to base dozens of examples that only people with noble intentions do not sit. Especially in young people such a situation is manifested in the light of the desire to be lonely. Today it is difficult to find a person who does not have his own page in popular social networks. Especially high levels of this condition can be seen among young people. According to data, about 50% of the world's young people, including the growing younger generation in our country, spend about half of their basic time on virtual communication. The point is that many young people cannot imagine their lives without social networks. "Adaptation compensates for the shortcomings of habitual behavior in new conditions. Thanks to adaptation, opportunities are created for the optimal functioning of the body, the individual in an unusual environment. In

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relation to higher education, the social environment for a novice teacher is the teaching teams of departments, faculties, and universities, which must ensure that each individual teacher is "introduced, interacted with, and coordinated" with it. Psychological adaptation gives the dynamics of adaptive activity an individual-emotional coloring in accordance with the characteristics of the individual's psyche. The nature of the course of psychological adaptation depends on the characteristics of professional adaptation, since the source of emotional tension and discomfort can be mistakes and failures of the professional plan."¹

The escalation of Virtual communication is causing a decline in the need for live communication. It should be said that today in our society there are many people who communicate in social networks even with their loved ones, who are constantly seeing. And such communication takes place without a fork from real reality, and a person cannot describe his emotional experiences. In this regard, in the era of severe global changes, the consciousness of young people-it is increasingly important to protect the consciousness effectively and reliably from the harmful ideas and influences that penetrate through the social network of the internet system. This requires teachers, propagandists of spirituality, parents to be more attentive and aware, to further enhance the scope of work on strengthening the ideological immunity of the younger generation.

It is known that the most important task is to raise the spirituality of our youth today, which is fueled by ideological and informative attacks, various ideological threats in the world, to form the foundations of a healthy worldview in their thinking. Organization of spiritual and educational work in such a difficult and dangerous period on the basis of modern requirements, protection of our youth from various ideological attacks, formation of conscious attitude of our youth to life, increasing the sense of belonging to the events happening around us, religious extremism, international terrorism, violence caused by the introduction of conflict and dependence in the international arena – resistance my future strategy in a growing situation to be clearly defined, to comprehensively understand what the merciless attempts of the Gentiles are aimed at and to reach out to the general public, to fight consistently against the aggressions that may pose a threat to the independence, peaceful and peaceful life of our country, to promote the National idea implemented in our country, it is necessary to integrate the essence and essence of the views of our esteemed President Shavkat Mirziyoyev on the fact that "*spirituality and enlightenment work is a patriotic work, a work of conscience*" into every citizen, in particular, the consciousness, heart and inner world of young people.

In general, today, in order to prevent the negative impact of the social networks of the internet system, it is desirable to increase the spiritual potential of young people, to create more specialized internet programs through modern information technologies in order to freely demonstrate their creativity and expand the opportunities for information exchange among talented and talented children, to prepare targeted projects and At the same time, in the conditions of modernization of the life of society, it is worthwhile for us to perform the following tasks in the spiritual sphere in society::

- trans formation of our youth into an active participant in the process of spiritual renewal and reforms;
- the ideas that harmonize the specific aspirations of young people with different views and opinions-the prosperity of hometown, the peace of the country, the well-being of the people, a perfect

¹ D. I. Mukumova, A. E. Shaymanova, I. B. Yarova, D. Abdurakhmanova, A. U. Kurbonova// "Adaptation of the teacher to professional and pedagogical activity at the university" // 2021.y <http://psychologyandeducation.net/pae/index.php/pae/article/view/2135/1858>

person, a unique sense of hometown, justice-in the rule of law, people's consent, Enlightenment against ignorance, ensuring innovative development-to achieve a sacred goal for all our compatriots, further strengthening;

- to continue the work on clarifying the humanistic essence of the religion of our ancestors to the general public.

To do this, first:

- to present to the public the shows, serials, films and feature films that reflect our national spirituality in the media;
- to increase the number of national sites using the internet system, to open youth branches and to ensure the integration of national ideas through them;
- it is necessary to introduce scientific projects on the topic of improving spirituality in society and ensure the rule of law.

In the 21st century, the prosperity of our state, its power and potential are closely connected in many respects with the high and purity of the spirituality of the people, the universal literacy of our youth, with the development of the National idea in their minds, in their inner world and in their hearts. And this is directly related to the formation of ideological immunity against various foreign ideas, which are distributed through the social network of the internet system.

In conclusion, I would like to say that now the life of our society is living in a period that is increasingly in harmony with the science and technology fiction. Therefore, each of us must adhere to the culture of using public networks, in turn, it will not be profitable to teach it to those around us. Consequently, the foundation for progress is created by protecting the spiritual and spiritual world of young people from harmful elements, various destructive, iodine and harmful ideas. After all, the upbringing of a higher generation of moral perfection and potential manifests itself not only in Uzbekistan, but also in the world as one of the most important tasks. Exactly the spiritual harmonious generation determines the next day of the country. Spiritual perfection is an important factor in the development of society.

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