

**THE INFLUENCE OF FAMILY EDUCATION IN THE FORMATION OF
ALTRUISTIC BEHAVIORAL TRENDS IN THE INDIVIDUAL**

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Anotation: *The article covers information about altruism and the forms of its manifestation, the influence of family education in the formation of altruistic behavior, the importance of family and family relations in the formation of personality traits of altruism in a person, the value system of altruistic personalities, the most optimal methods and means of educating the altruistic orientation of the individual.*

Keywords: *altruism, value system, socio-psychological orientation, empathy.*

The family acts as a social space and psychological factor that ensures the eternity of social life, the continuity of generations, the continuity of upbringing, has its own influence on how the future offspring will grow. The human personality is formed in the family. The family is an emotional source of love, mutual respect, solidarity and kindness. It is on these values that every nation, society rests.

Our President SH.M.Mirziyoyev noted that “it is necessary to further strengthen the foundations of the family that are sacred to us, to create an atmosphere of peace and tranquility, harmony and mutual respect in the apartments, to fill spiritual and educational work with a clear meaning.” The change in the material life conditions of a free society, a family does not in itself lead to spiritual perfection. [1, b.312].

Family well-being is the basis of national well-being. All human qualities, such as honesty, truthfulness, honor, sharmu hayo, kindness, hard work, are formed, first of all, in the family, the most valuable traditions of our people.

The family is considered a zaminu tool that elevates the” honor of the nation ” to a higher rank. The need for society directly depends on the upbringing that children receive in the family.

It is in the family that personality traits, human qualities are formed. In turn, the culture of family relations is the first factor affecting the maturation of the individual, and the fact that the family environment is both physically and spiritually healthy does not remain without a positive or negative impact on the development of society, on the solution of existing problems in it. The basis of the formation of the general worldview of a person in Oriental upbringing begins with the family

Separately, it should be noted that in the works of Central Asian thinkers and enlightenment Farabi, Beruni, Ibn Sina, Yusuf Khos Khojib, Kaikovus, Devonian, Alisher Navoi, Babur, Munis Khorezmi, Bedil, Behbudi, Abdulla Avlani, Qori Niyazi, Chulpan, Fitrat and others there are valuable ideas about family and family relations. In many of them, the views on this issue were reduced to a certain order and raised to the level of doctrine. In particular, special attention was paid to the family in the works of Abu Ali ibn Sina “Ethics”, “family economy”, Alisher Navoi “Shurat-ul abror” and “Mahbub-ul kulub” [5 , b.71 – 72].

The problem of the presence of altruistic trends in human behavior occupies an important place among philosophical and moral, sociological and experimental psychological research.

Joint activities allowed people to resist the forces of nature in the early primitive collective system of development and to form social consciousness through communication. This expanded the circle of a person's attitude to the world, prompting him to protect not only himself, but also his fellow tribesmen.

In the process of social economic development, as a result of the gradual formation of private property in society, social stratification appeared in people such forms of behavior as selfishness and cruelty, and to this day exists and develops in modern society.

In a large psychological dictionary, the concept of altruism is defined as “altruism (lot. alter-another) is a moral principle according to which the interests and personality of another are more morally important than his “I”and his good. Altruism is the opposite of egoism(selfishness)” [10, b.15, 28-29-).

Representatives of different theoretical directions give different definitions of altruism: "altruism is love and care for others "(E. Framm),

Altruism is the desire of the individual for the well-being of others in the absence of their own negative" (D. Campbell),

"Altruism is the motive of helping someone consciously, which is not related to the egoistic interests of the individual himself (D. Meyers, X. Hexauzen),

In the description of altruistic behavior, researchers give a definition based on the description of such concepts as motive, behavior, value system, aspiration, inclinations, needs social norms and criteria.

Altruism in a person the importance of family and family relations in the formation of personality traits is high, and as a result of the upbringing of parents, the child acquires his first life experience, knowledge about the surrounding reality, social life skills and habits.

The fact that parents have strong moral principles loyal to universal values is the basis for the formation of these aspects in the psyche of children. (London, 1970; Oliner, Oliner, 1988; Rosenham, 1970). Meanwhile, the Russian psychologist A. A. Moiseeva (2007) notes that many modern parents, recognizing the need and value of altruism in general, do not attach sufficient importance to the educational effects associated with selflessness when communicating with their children. These parents are unhappy if altruistic personality traits are formed in children , having many problems with independent imagination because they feel that they have nothing left for them.[7, b.52 – 53].

A. A. Moiseeva found that one of the most important social factors for the education of altruistic personality traits in a person is formed on the basis of emotionally close interpersonal relationships in the family, based on mutual trust and respect and care.

In families where the personality trait of altruism is highly formed, the formation of altruism in children is accompanied by greater encouragement from parents, support of the child in various social situations, respect for the personality and individuality of the child .[7, b.93].

In the process of research, altruistic personality traits are formed at a low level, such relationships are manifested as parents punishing a child in the family, preventing the formation of features of mutual support assistance, ignoring the child's opinion, desires and preferences for material rewards.

Coercion, intimidation, humiliation of one's personality are considered one of the factors that sharply prevent the formation of the feature of altruism in a child. Of great importance in the formation of altruistic features is the emotional close relationship of brothers and sisters A.A Moiseeva was identified in her studies. At the same time, the author warns that altruistic education is a complex and multifaceted process, therefore, the proposed recommendations do not give quick results, but require an individual approach and long-term consistent application.

Based on the studied scientific theoretical sources on the study of altruistic personality traits in a person in a family, we draw the following conclusions:

1.The content of the socio-psychological orientation of the altruistic orientation of the individual is formed as a result of a positive close emotional relationship in the family and a humanitarian orientation of the educational social influence of the environment.

2. The altruistic orientation of the individual is manifested in the attitude of sympathy, sympathy to people, and in the values of utility to others, striving for social justice and stability.

3. The development of altruistic tendencies of personality behavior occurs when the presence of socially significant behavior is closely related to personal characteristics. Altruism is manifested in empathy, empathy and a tendency to understand other people. Altruistic personality High meory behavior implies the presence of a sense of Duty, decency and conscientiousness; reliability, that is, openness and tenderness, objectivity from envy; tolerance; benevolence; striving for stability in relationships with people. Highly altruistic individuals overestimate the abilities of those around them in relation to their abilities.

4. Altruistic individuals are characterized by selfishness, anxiety, negative moral qualities are formed at a low level in relation to others, they are not inherent in stubbornness, selfishness, authoritarian relationships.

5. In the value system of altruistic individuals, the personality traits of social justice, responsibility, resilience occupy a leading position. A social behavior personality traits such as preference for one's own interests, selfishness are not specific to altruistic individuals.

6. One of the most optimal methods and tools for educating the altruistic orientation of a person is the fact that family relationships are based on mutual trust-respect and emotionally close relationships. On the contrary, the child's needs are hindered by indifference to thoughts and behavior in him, denial of his personality and individuality, threats, aggressive coercion, the formation of altruistic personality traits.

It is the method of punishments and rewards that is associated with the development of the features of altruism in the formation of personality in children and is an integral part of family parenting styles. Punishment, humiliation and threats prevent the development of altruistic behavior. Parents of altruistic children prefer to abandon extreme forms of punishment and choose methods of praise and child support from rewards. Parents of low altruistic persons, on the contrary, prefer material rewards and excessively strong punishments.

In the studies, it was determined that the formation of the altruistic orientation of the individual is associated with the composition of the family, the number of children in the family, and most importantly, with emotional close relationships between them. In particular, in the process of sibling relations, the fact that the child provides mutual assistance by brothers and sisters plays a positive role in the formation of altruistic personality traits.

Parents of children with an altruistic orientation have a positive attitude towards the help actions of their children. This category of parents not only encourages their children to help those in need, but they themselves become role models by demonstrating the same behavior.

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